



# SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE

Aided and Affiliated to University of Calicut, NAAC Accredited with B+ Grade

Phone (Office) : 0466-2268285 | Email : principalvtbcollege@gmail.com



## CRITERION - V STUDENT SUPPORT AND PROGRESSION

### 5.1 Student Support



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Mannampatta P.O., Palakkad - 678 633

# SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE



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## 5.1.2

### **Soft Skills Enhancement Programs Organised by the Institution During the last five years**

### **Soft Skills Enhancement Programs Organised by the Institution During 2019-2024**

# SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE



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## Soft skills development - Managing Stress for Mental hygiene


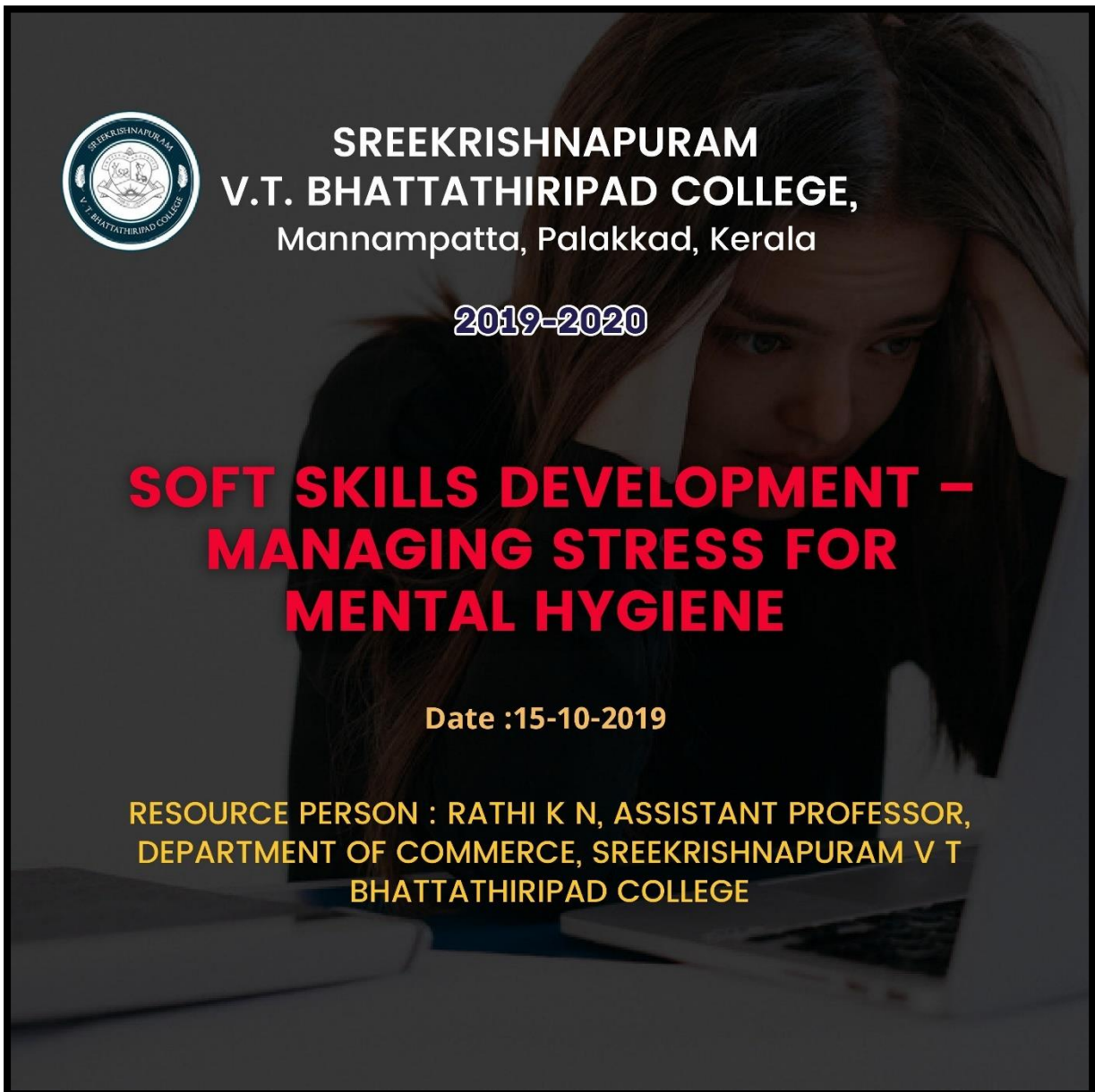
<b>Title of the Programme</b>	Soft skills development - Managing Stress for Mental hygiene
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management Studies
<b>Number of Students Enrolled</b>	94
<b>Name of the Resource Person</b>	Rathi K N, Assistant Professor, Department of Commerce, Sreekrishnapuram V T Bhattathiripad College Ph: 9995667927
<b>Objectives of the Programme</b>	To equip students with effective stress management techniques and strategies to enhance their mental hygiene and overall well-being.
<b>Outcomes of the Programme</b>	Participants acquired practical stress management techniques and a better understanding of mental hygiene, leading to improved ability to handle stress and enhance their overall well-being.

### Report

On October 15, 2019, the PG Department of Commerce and Management Studies organized a program titled "Soft Skills Development - Managing Stress for Mental Hygiene" in the College Auditorium. The session was conducted by Rathi K N, Assistant Professor from the Department of Commerce at Sreekrishnapuram V T Bhattathiripad College. The program was attended by 94 students, who enrolled to gain insights into effective stress management techniques and strategies for maintaining mental hygiene. Rathi K N led the session, focusing on practical methods for identifying, managing, and reducing stress. Topics covered included stress management techniques, mindfulness practices, and strategies for balancing academic and personal life to promote overall well-being. Participants engaged in interactive



activities and discussions designed to enhance their understanding and application of stress management practices. The session provided valuable tools for coping with stress and improving mental health, which are crucial for both academic and personal success.



**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2019-2020**

**SOFT SKILLS DEVELOPMENT –  
MANAGING STRESS FOR  
MENTAL HYGIENE**

**Date :15-10-2019**

**RESOURCE PERSON : RATHI K N, ASSISTANT PROFESSOR,  
DEPARTMENT OF COMMERCE, SREEKRISHNAPURAM V T  
BHATTATHIRIPAD COLLEGE**

*Brochure of the Programme*





*Highlight of the Programme*

**List of Participants**

Sl. No	Name of the Student	Programme
1.	Athira K	BA Economics with Foreign Trade
2.	Devi S K	BA Economics with Foreign Trade
3.	Devika M	BA Economics with Foreign Trade
4.	Divya N	BA Economics with Foreign Trade
5.	Drisya K	BA Economics with Foreign Trade
6.	Farsana Sharin V T	BA Economics with Foreign Trade
7.	Fathimathul Sithara T	BA Economics with Foreign Trade
8.	Ismath Nasrin C	BA Economics with Foreign Trade
9.	Krishnapriya K	BA Economics with Foreign Trade
10.	Krishnapriya C U	BA Economics with Foreign Trade
11.	Mahitha V M	BA Economics with Foreign Trade
12.	Megha M	BA Economics with Foreign Trade
13.	Nahla C	BA Economics with Foreign Trade



14.	Najla C	BA Economics with Foreign Trade
15.	Nandana M R	BA Economics with Foreign Trade
16.	Nasreen Farhana P I	BA Economics with Foreign Trade
17.	Nithin P K	BA Economics with Foreign Trade
18.	Praveena S	BA Economics with Foreign Trade
19.	Rahana R	BA Economics with Foreign Trade
20.	Rajitha K	BA Economics with Foreign Trade
21.	Ranjitha K	BA Economics with Foreign Trade
22.	Rasika K R	BA Economics with Foreign Trade
23.	Rethik Krishnan P	BA Economics with Foreign Trade
24.	Sajeev M	BA Economics with Foreign Trade
25.	Sakkariya K	BA Economics with Foreign Trade
26.	Sanitha M	BA Economics with Foreign Trade
27.	Sanuja A S	BA Economics with Foreign Trade
28.	Shahana K	BA Economics with Foreign Trade
29.	Shibitha P C	BA Economics with Foreign Trade
30.	Shifas N S	BA Economics with Foreign Trade
31.	Shilpa Rajan	BA Economics with Foreign Trade
32.	Sreelekha M	BA Economics with Foreign Trade
33.	Sreevishak P M	BA Economics with Foreign Trade
34.	Sruthi S	BA Economics with Foreign Trade
35.	Sruthi C	BA Economics with Foreign Trade
36.	Sudhina V	BA Economics with Foreign Trade
37.	Sumayya A P	BA Economics with Foreign Trade
38.	Sumayya Nasrin E	BA Economics with Foreign Trade
39.	Surya P	BA Economics with Foreign Trade
40.	Triveni N M	BA Economics with Foreign Trade
41.	Abhijith K	B.Sc Mathematics
42.	Aiswarya V	B.Sc Mathematics
43.	Ajay Das M	B.Sc Mathematics
44.	Akhila V R	B.Sc Mathematics
45.	Akshay Ajith P	B.Sc Mathematics
46.	Amrutha C C	B.Sc Mathematics
47.	Anand C U	B.Sc Mathematics
48.	Anjana M	B.Sc Mathematics
49.	Ardra K	B.Sc Mathematics
50.	Athira N	B.Sc Mathematics
51.	Bittumol Biju	B.Sc Mathematics
52.	Deepika K	B.Sc Mathematics
53.	Devi Krishna K M	B.Sc Mathematics
54.	Divya A	B.Sc Mathematics
55.	Karthika K R	B.Sc Mathematics
56.	Keerthana B	B.Sc Mathematics
57.	Krishnenth V	B.Sc Mathematics
58.	Narayanan P M	B.Sc Mathematics
59.	Nayana M S	B.Sc Mathematics



60.	Pravijith J Prakash	B.Sc Mathematics
61.	Ranjana C	B.Sc Mathematics
62.	Ranjith K R	B.Sc Mathematics
63.	Roshni K	B.Sc Mathematics
64.	Sanuja G	B.Sc Mathematics
65.	Shibla Jasmine P P	B.Sc Mathematics
66.	Sruthi K S	B.Sc Mathematics
67.	Surya P P	B.Sc Mathematics
68.	Swathi Krishna T S	B.Sc Mathematics
69.	Syam V G	B.Sc Mathematics
70.	Abhishek P	B.Com Finance
71.	Abijith P V	B.Com Finance
72.	Abijith M C	B.Com Finance
73.	Aiswarya S	B.Com Finance
74.	Ajay K G	B.Com Finance
75.	Akhil N	B.Com Finance
76.	Akhila P	B.Com Finance
77.	Akshay P S	B.Com Finance
78.	Akshitha K G	B.Com Finance
79.	Amal K Nelson	B.Com Finance
80.	Anjali M N	B.Com Finance
81.	Aparna T R	B.Com Finance
82.	Archana P	B.Com Finance
83.	Aswani M P	B.Com Finance
84.	Athira V M	B.Com Finance
85.	Deepa M T	B.Com Finance
86.	Divya K M	B.Com Finance
87.	Haripriya M K	B.Com Finance
88.	Haripriya T	B.Com Finance
89.	Jinisha P	B.Com Finance
90.	Jishnu A	B.Com Finance
91.	Jyothilakshmi M	B.Com Finance
92.	Keerthana C M	B.Com Finance
93.	Keerthi P V	B.Com Finance
94.	Krishnendu R	B.Com Finance





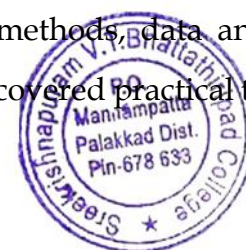
## Training Programme on Business Project Preparation

<b>Title of the Programme</b>	Training Programme on Business Project Preparation
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management Studies
<b>Number of Students Enrolled</b>	57
<b>Name of the Resource Person</b>	Amalraj Mohan, HSST, Ph: 7025707317
<b>Objectives of the Programme</b>	To enhance students' skills in developing, presenting, and managing business projects through comprehensive training in research methods, data analysis, and presentation techniques.
<b>Outcomes of the Programme</b>	The outcome of the program was that participants developed practical skills and a thorough understanding of business project preparation, enabling them to effectively create, manage, and present business projects.

### Report

On October 20, 2019, the PG Department of Commerce and Management Studies conducted a Training Programme on Business Project Preparation in the Seminar Hall. The session was led by Amalraj Mohan, HSST, who provided valuable insights into the essentials of preparing effective business projects.

The training program, which saw the participation of 57 students, aimed to enhance their skills in developing and presenting business projects. Amalraj Mohan focused on key aspects of project preparation, including research methods, data analysis, report writing, and presentation techniques. The session also covered practical tips for



creating compelling project proposals and addressing common challenges faced during project development.

Throughout the program, students engaged in interactive discussions and practical exercises designed to apply the concepts learned. The training provided a comprehensive understanding of the business project preparation process, from initial planning to final presentation.



 **SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2019-2020**

**TRAINING PROGRAMME ON  
BUSINESS PROJECT  
PREPARATION**

**Date : 20-10-2019**

RESOURCE PERSON  
**AMALRAJ MOHAN, HSST**

*Brochure of the Training Programme*





*Highlight of the Programme*

**List of the Participants**

<b>Sl. No</b>	<b>Name of the Student</b>	<b>Programme</b>
1.	Haripriya T	B.Com Finance
2.	Jinisha P	B.Com Finance
3.	Jishnu A	B.Com Finance
4.	Jyothilakshmi M	B.Com Finance
5.	Keerthana C M	B.Com Finance
6.	Keerthi P V	B.Com Finance
7.	Krishnendu R	B.Com Finance
8.	Megha M	B.Com Finance
9.	Mini K	B.Com Finance
10.	Mithina M	B.Com Finance
11.	Mohammed Salman	B.Com Finance
12.	Muhammed Irshad K	B.Com Finance
13.	Nandikesh K M	B.Com Finance
14.	Nived V	B.Com Finance
15.	Rahul R	B.Com Finance
16.	Rajesh P C	B.Com Finance
17.	Ranjith P	B.Com Finance
18.	Sajith S	B.Com Finance
19.	Sidharth T A	B.Com Finance
20.	Sinduja T	B.Com Finance
21.	Sneha K S	B.Com Finance
22.	Sneha N B	B.Com Finance
23.	Sradha C S	B.Com Finance



24.	Sreelakshmi S	B.Com Finance
25.	Sreeraj Mr	B.Com Finance
26.	Sreeraj P G	B.Com Finance
27.	Sudheesh M	B.Com Finance
28.	Sujisha K	B.Com Finance
29.	Veena K	B.Com Finance
30.	Vidya V P	B.Com Finance
31.	Vimisha K	B.Com Finance
32.	Vishnu B	B.Com Finance
33.	Vishnu K U	B.Com Finance
34.	Viswas B Chandran	B.Com Finance
35.	Agneya K V	Bachelor of Business Administration
36.	Aiswarya K	Bachelor of Business Administration
37.	Aiswarya K	Bachelor of Business Administration
38.	Amrutha C V	Bachelor of Business Administration
39.	Anjali Krishnan C	Bachelor of Business Administration
40.	Ansiya P	Bachelor of Business Administration
41.	Anusha C P	Bachelor of Business Administration
42.	Aswathy K	Bachelor of Business Administration
43.	Aswin K	Bachelor of Business Administration
44.	Athira P V	Bachelor of Business Administration
45.	Ayishathul Shahanas M	Bachelor of Business Administration
46.	Bhavana A B	Bachelor of Business Administration
47.	Bhavitha K	Bachelor of Business Administration
48.	Bijitha P R	Bachelor of Business Administration
49.	Chaithanya C	Bachelor of Business Administration
50.	Devika T V	Bachelor of Business Administration
51.	Greeshma K	Bachelor of Business Administration
52.	Jinsha C C	Bachelor of Business Administration
53.	Jithin G	Bachelor of Business Administration
54.	Kavya Das C	Bachelor of Business Administration
55.	Kavya Manikandan	Bachelor of Business Administration
56.	Kiran A	Bachelor of Business Administration
57.	Krishna Preetha P K	Bachelor of Business Administration



### Soft skills development workshop – Presentation skills

Title of the Programme	Soft skills development workshop – Presentation skills
Organizing Department/Cell	WWS
Number of Students Enrolled	74
Name of the Resource Person	M K Narayanan Namboothiri,
Objectives of the Programme	To enhance participants' ability to deliver effective presentations by improving their skills in content structure, audience engagement, and use of visual aids.
Outcomes of the Programme	Participants improved their presentation skills, gaining practical experience and feedback that enhanced their ability to deliver effective and engaging presentations.

### Report

On October 26, 2019, the "Soft Skills Development Workshop – Presentation Skills" was held in the Seminar Hall, organized by WWS in collaboration with the Directorate of Collegiate Education. The workshop was led by Sri. M K Narayanan Namboothiri.

The objective was to improve participants' presentation skills. A total of 74 attendees benefited from the session, which covered structuring presentations, engaging audiences, and using visual aids. The workshop included practical exercises and feedback to help participants enhance their presentation abilities.

Bindu T. coordinated the event and facilitated the smooth execution of the workshop. The session provided participants with valuable skills for effective presentations and was well-received by those in attendance.





**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2019-2020**

**SOFT SKILLS DEVELOPMENT  
WORKSHOP –  
PRESENTATION SKILLS**

**Date : 26-10-2019**

**RESOURCE PERSON : M K NARAYANAN NAMBOOTHIRI**

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*Brochure of the Workshop*





*Highlights of the Programme*



## List of Participants

Sl. No	Name of the Student	Programme
1.	Nikhil S	Bachelor of Business Administration
2.	Prameela T	Bachelor of Business Administration
3.	Praveena B	Bachelor of Business Administration
4.	Rahulraj	Bachelor of Business Administration
5.	Rohini P S	Bachelor of Business Administration
6.	Sneha E	Bachelor of Business Administration
7.	Sneha K	Bachelor of Business Administration
8.	Sowparnika P H	Bachelor of Business Administration
9.	Sreejith A J	Bachelor of Business Administration
10.	Sreelatha V	Bachelor of Business Administration
11.	Sreeshnu M	Bachelor of Business Administration
12.	Sugesh P S	Bachelor of Business Administration
13.	Swetha P J	Bachelor of Business Administration
14.	Thulasikrishnan K	Bachelor of Business Administration
15.	Umesh T	Bachelor of Business Administration
16.	Vaishna V P	Bachelor of Business Administration
17.	Anand P S	BA Sanskrit Sahitya
18.	Anjali K	BA Sanskrit Sahitya
19.	Anjusha K	BA Sanskrit Sahitya
20.	Anusha T	BA Sanskrit Sahitya
21.	Arya P M	BA Sanskrit Sahitya
22.	Athira A K	BA Sanskrit Sahitya
23.	Dhanya A	BA Sanskrit Sahitya
24.	Greeshma A	BA Sanskrit Sahitya
25.	Jyothi Krishnan	BA Sanskrit Sahitya
26.	Maya A	BA Sanskrit Sahitya
27.	Megha P	BA Sanskrit Sahitya
28.	Megha Rajan P	BA Sanskrit Sahitya
29.	Niveditha K S	BA Sanskrit Sahitya
30.	Rahul P	BA Sanskrit Sahitya
31.	Ramakrishnan Namboothiri T	BA Sanskrit Sahitya
32.	Rasitha M R	BA Sanskrit Sahitya
33.	Resmi V K	BA Sanskrit Sahitya
34.	Sangeetha M	BA Sanskrit Sahitya
35.	Saranya C	BA Sanskrit Sahitya
36.	Saranya Krishnan N	BA Sanskrit Sahitya
37.	Shameer P P	BA Sanskrit Sahitya
38.	Sisira V P	BA Sanskrit Sahitya
39.	Sneha K C	BA Sanskrit Sahitya
40.	Soorya K	BA Sanskrit Sahitya
41.	Sruthi A	BA Sanskrit Sahitya
42.	Sruthi M	BA Sanskrit Sahitya
43.	Sukritha T P	BA Sanskrit Sahitya





44.	Vandana K	BA Sanskrit Sahitya
45.	Vineesha K	BA Sanskrit Sahitya
46.	Vinisha K	BA Sanskrit Sahitya
47.	Abhinand P S	BA History
48.	Ajay Dev P C	BA History
49.	Ajith V H	BA History
50.	Akshay P R	BA History
51.	Akshitha Krishnankutty	BA History
52.	Amritha S	BA History
53.	Aneesha Antony	BA History
54.	Anju V	BA History
55.	Archana A	BA History
56.	Archana P	BA History
57.	Athira K	BA History
58.	BAbitha BAby	BA History
59.	Chithra B	BA History
60.	Deepa K	BA History
61.	Deepika R	BA History
62.	Dibin C	BA History
63.	Divya M	BA History
64.	Drisy P	BA History
65.	Fathimathshibila K T	BA History
66.	Harikrishnan P	BA History
67.	Harikrishnan P	BA History
68.	Jini P	BA History
69.	Jisha George	BA History
70.	Kailas C	BA History
71.	Karthika C P	BA History
72.	Keerthi V R	BA History
73.	Krishnaprabhash R	BA History
74.	Mahalakshmi P V	BA History



## SWOT analysis Technique for Personality Development

<b>Title of the Programme</b>	SWOT analysis Technique for Personality Development
<b>Organizing Department/Cell</b>	WWS
<b>Number of Students Enrolled</b>	73
<b>Name of the Resource Person</b>	Sri. Abhishad, Mentor, Walk with Scholar
<b>Objectives of the Programme</b>	To teach participants how to use SWOT analysis to identify and leverage their personal strengths and opportunities, while addressing weaknesses and threats, to enhance their overall personal growth and development.
<b>Outcomes of the Programme</b>	Participants gained the ability to apply SWOT analysis to their personal development, enabling them to effectively identify and leverage their strengths, address weaknesses, capitalize on opportunities, and manage potential threats for improved personal and professional growth.

### Report

On November 23, 2019, WWS organized a workshop titled "SWOT Analysis Technique for Personality Development" in the Seminar Hall. The workshop aimed to help participants utilize SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis for enhancing personal growth and development.

Sri Abhishad, the resource person, led the session, guiding attendees through the application of SWOT analysis to personal development. A total of 73 participants attended the workshop, where they learned how to identify their personal strengths



and weaknesses, as well as external opportunities and threats that impact their growth.

The workshop included interactive activities and exercises that allowed participants to apply SWOT analysis to their own lives. Sri Abhishad provided practical insights and strategies for leveraging strengths, addressing weaknesses, capitalizing on opportunities, and mitigating threats. Bindu T., the coordinator, ensured the smooth running of the event and facilitated discussions.



*Brochure of the Programme*



*Highlight of the Programme*



## List of Participants

Sl. No	Name of the Student	Programme
1.	Muhsina A	BA Economics with Foreign Trade
2.	Navyamol M	BA Economics with Foreign Trade
3.	Neena P S	BA Economics with Foreign Trade
4.	Nithya K	BA Economics with Foreign Trade
5.	Rahul K	BA Economics with Foreign Trade
6.	Ratheena R	BA Economics with Foreign Trade
7.	Reshma K R	BA Economics with Foreign Trade
8.	Rifana C S	BA Economics with Foreign Trade
9.	Sandra V K	BA Economics with Foreign Trade
10.	Shaijal Usman N	BA Economics with Foreign Trade
11.	Shibiliya P P	BA Economics with Foreign Trade
12.	Sithara A	BA Economics with Foreign Trade
13.	Soja E C	BA Economics with Foreign Trade
14.	Sreehari P M	BA Economics with Foreign Trade
15.	Sreelakshmi K	BA Economics with Foreign Trade
16.	Sruthi P	BA Economics with Foreign Trade
17.	Sujith C A	BA Economics with Foreign Trade
18.	Sumayya K A	BA Economics with Foreign Trade
19.	Unnimaya T K	BA Economics with Foreign Trade
20.	Vaishnav P	BA Economics with Foreign Trade
21.	Athulya S	BA History
22.	Deepa K	BA History
23.	Fathimath Farisa N	BA History
24.	Fathimath Safna K B	BA History
25.	Gokul T	BA History
26.	Hareesh T	BA History
27.	Hasna M R	BA History
28.	Jaseena P	BA History
29.	Jeeshma P N	BA History
30.	Krishnapriya K	BA History
31.	Megha M	BA History
32.	Muhammed Nisar C P	BA History
33.	Navya M T	BA History
34.	Nikhila V	BA History
35.	Nikhitha K R	BA History
36.	Pallavi A M	BA History
37.	Prabitha K B	BA History
38.	Raseena M	BA History
39.	Remya K R	BA History
40.	Remya Krishna	BA History
41.	Resmi C K	BA History
42.	Chithra M T	Bachelor Of Business Administration
43.	Divya K	Bachelor Of Business Administration



44.	Gokul N U	Bachelor Of Business Administration
45.	Greeshma A	Bachelor Of Business Administration
46.	K Mohammed Ashalm	Bachelor Of Business Administration
47.	Karthik Krishna P	Bachelor Of Business Administration
48.	Lavanya U	Bachelor Of Business Administration
49.	Manish Lal Singh	Bachelor Of Business Administration
50.	Midhuna P M	Bachelor Of Business Administration
51.	Muhammad Ashif	Bachelor Of Business Administration
52.	Muhammed Aslam E	Bachelor Of Business Administration
53.	Najiya M U	Bachelor Of Business Administration
54.	Naveen Krishna R	Bachelor Of Business Administration
55.	Navya P	Bachelor Of Business Administration
56.	Neethu M	Bachelor Of Business Administration
57.	Prasad K	Bachelor Of Business Administration
58.	Rasheena A T	Bachelor Of Business Administration
59.	Sarathkumar K P	Bachelor Of Business Administration
60.	Shajira Thasni N	Bachelor Of Business Administration
61.	Sneha K M	Bachelor Of Business Administration
62.	Sreejisha K S	Bachelor Of Business Administration
63.	Sreelakshmi A	Bachelor Of Business Administration
64.	Sreenath K	Bachelor Of Business Administration
65.	Sreethu K	Bachelor Of Business Administration
66.	Sumesh P	Bachelor Of Business Administration
67.	Swaminathan K	Bachelor Of Business Administration
68.	Syamini C	Bachelor Of Business Administration
69.	Vishnu K	Bachelor Of Business Administration
70.	Aswathy C	Bachelor Of Business Administration
71.	Aswathy P	Bachelor Of Business Administration
72.	Athira N	Bachelor Of Business Administration
73.	Aryashree G Nair	Bachelor Of Business Administration



## Leadership Skill Enhancement Program

<b>Title of the Programme</b>	Leadership Skill Enhancement Program
<b>Organizing Department/Cell</b>	Department of History
<b>Number of Students Enrolled</b>	45
<b>Name of the Resource Person</b>	Muhammed Shafi, Trainer
<b>Objectives of the Programme</b>	To develop and strengthen students' leadership skills by providing practical tools and techniques for effective communication, decision-making, and team management.
<b>Outcomes of the Programme</b>	Participants enhanced their leadership skills, gaining increased confidence and practical knowledge in effective communication, decision-making, and team management.

### Report

On December 13, 2019, the Department of History organized the "Leadership Skill Enhancement Program" in the college auditorium. The program was designed to improve leadership skills among participants and provide them with practical tools and techniques for effective leadership.

The session was conducted by Muhammed Shafi, an experienced facilitator in leadership development. A total of 45 students enrolled in the program, which focused on key aspects of leadership including communication, decision-making, team management, and strategic thinking.

Muhammed Shafi led interactive discussions and practical exercises aimed at enhancing participants' leadership abilities. The program included activities that allowed students to practice leadership scenarios and receive feedback on their



performance. The workshop also covered strategies for developing a leadership mindset and overcoming common challenges faced by leaders.



**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,  
Mannampatta, Palakkad, Kerala**

**2019-2020**

**LEADERSHIP SKILL  
ENHANCEMENT  
PROGRAM**

**Date : 13-12-2019 to 13-12-2019**

**RESOURCE PERSON : MUHAMMED SHAFI**

*Highlight of the Programme*





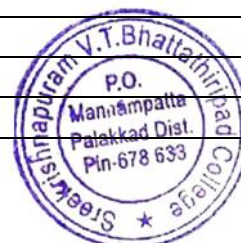
*Highlights of the Programme*





### List of Students

Sl. No	Name of the Student	Programme
1.	Abhishek K A	BA History
2.	Aiswarya R	BA History
3.	Aleena P U	BA History
4.	Amrutha K R	BA History
5.	Anitha C	BA History
6.	Arunchandran C M	BA History
7.	Arya A	BA History
8.	Arya V H	BA History
9.	Arya M	BA History
10.	Arya P S	BA History
11.	Aswin K	BA History
12.	Athira K	BA History
13.	Athulya S	BA History
14.	Deepa K	BA History
15.	Fathimath Farisa N	BA History
16.	Fathimath Safna K B	BA History
17.	Gokul T	BA History
18.	Hareesh T	BA History
19.	Hasna M R	BA History
20.	Jaseena P	BA History
21.	Jeeshma P N	BA History
22.	Krishnapriya K	BA History
23.	Megha M	BA History
24.	Muhammed Nisar C P	BA History
25.	Navya M T	BA History
26.	Nikhila V	BA History
27.	Nikhitha K R	BA History
28.	Pallavi A M	BA History
29.	Prabitha K B	BA History
30.	Raseena M	BA History
31.	Remya K R	BA History
32.	Remya Krishna	BA History
33.	Resmi C K	BA History
34.	Sabareesh A M	BA History
35.	Sajil S	BA History
36.	Sandhya P S	BA History
37.	Sangeetha P	BA History
38.	Shahana V	BA History
39.	Sheeja P M	BA History
40.	Shibna K	BA History
41.	Sneha P S	BA History
42.	Soorya S	BA History
43.	Sreedevi T M	BA History



44.	Sreehari K S	BA History
45.	Sreelakshmi M P	BA History



## Skill of Goal Setting and Developing Scientific Temper

<b>Title of the Programme</b>	Skill of Goal Setting and Developing Scientific Temper
<b>Organizing Department/Cell</b>	WWS
<b>Number of Students Enrolled</b>	90
<b>Name of the Resource Person</b>	C K Suresh, Mentor, Walk with Scholar
<b>Objectives of the Programme</b>	To teach participants effective goal-setting techniques and foster a scientific approach to problem-solving through critical thinking and evidence-based decision-making.
<b>Outcomes of the Programme</b>	Participants improved their goal-setting skills and developed a scientific approach to problem-solving, enhancing their ability to set and achieve objectives while applying critical thinking and evidence-based decision-making.

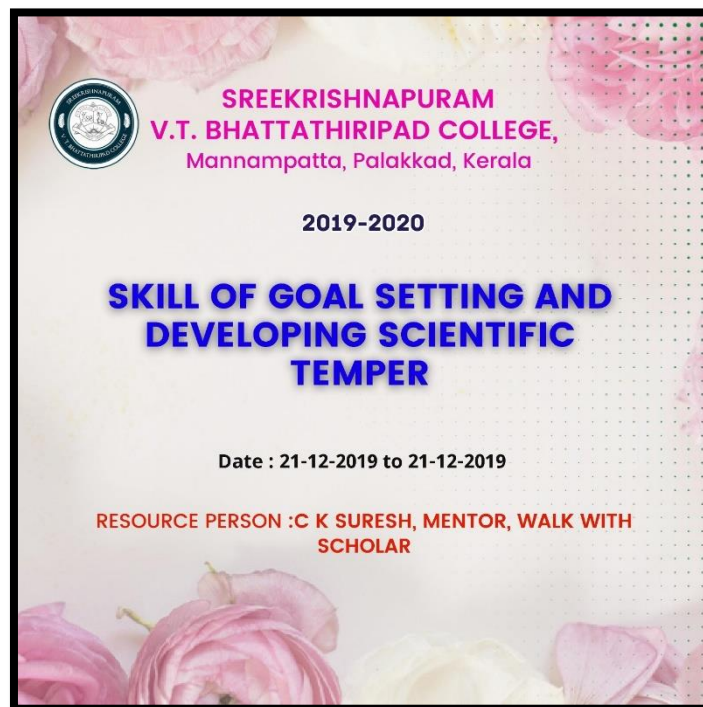
### Report

On December 21, 2019, WWS organized a program titled "Skill of Goal Setting and Developing Scientific Temper" in the college auditorium. The session, led by C K Suresh, mentor from Walk with Scholar, aimed to improve participants' goal-setting abilities and promote a scientific approach to problem-solving.

A total of 90 beneficiaries attended the program. It focused on techniques for setting effective goals, creating actionable plans, and evaluating progress. The program also covered principles of scientific thinking, including critical analysis and evidence-based decision-making.



Participants engaged in practical exercises to apply these concepts. C K Suresh provided guidance and feedback to help attendees refine their skills in goal setting and scientific reasoning.



*Brochure of the Programme*



*Highlight of the Programme*



## List of Participants

Sl. No	Name of the Student	Programme
1.	Akhil K	BA Sanskrit Sahithya
2.	Ameesha N M	BA Sanskrit Sahithya
3.	Anjali P V	BA Sanskrit Sahithya
4.	Bhavya Das M	BA Sanskrit Sahithya
5.	Chandini A	BA Sanskrit Sahithya
6.	Chinju M C	BA Sanskrit Sahithya
7.	Chithra K	BA Sanskrit Sahithya
8.	Devika P	BA Sanskrit Sahithya
9.	Jishna K S	BA Sanskrit Sahithya
10.	Malavika C M	BA Sanskrit Sahithya
11.	Manjusha P K	BA Sanskrit Sahithya
12.	Mayadevi T K	BA Sanskrit Sahithya
13.	Midhun Raj U	BA Sanskrit Sahithya
14.	Nair Sangeeth Krishnan K	BA Sanskrit Sahithya
15.	Pradeesh K	BA Sanskrit Sahithya
16.	Punya T H	BA Sanskrit Sahithya
17.	Radhika N	BA Sanskrit Sahithya
18.	Rajitha V	BA Sanskrit Sahithya
19.	Reshma C R	BA Sanskrit Sahithya
20.	Roshna T	BA Sanskrit Sahithya
21.	Savitha M	BA Sanskrit Sahithya
22.	Shahana M T	BA Sanskrit Sahithya
23.	Silpa A G	BA Sanskrit Sahithya
24.	Sneha A	BA Sanskrit Sahithya
25.	Sreekrishna P	BA Sanskrit Sahithya
26.	Sreeshma P	BA Sanskrit Sahithya
27.	Srikrishna T A	BA Sanskrit Sahithya
28.	Sruthi K	BA Sanskrit Sahithya
29.	Abhirag K R	Bachelor Of Business Administration
30.	Ajith K	Bachelor Of Business Administration
31.	Ajith K G	Bachelor Of Business Administration
32.	Akhila K G	Bachelor Of Business Administration
33.	Akshay N	Bachelor Of Business Administration
34.	Akshay Krishnanunni T	Bachelor Of Business Administration
35.	Amritha T A	Bachelor Of Business Administration
36.	Anagha C	Bachelor Of Business Administration
37.	Anusha K	Bachelor Of Business Administration
38.	Aparna N S	Bachelor Of Business Administration
39.	Arjun K Anil	Bachelor Of Business Administration
40.	Aryashree G Nair	Bachelor Of Business Administration
41.	Aswathi P P	Bachelor Of Business Administration
42.	Aswathi N M	Bachelor Of Business Administration
43.	Aswathy C	Bachelor Of Business Administration
44.	Aswathy P	Bachelor Of Business Administration
45.	Athira N	Bachelor Of Business Administration
46.	Athira K P	Bachelor Of Business Administration



47.	Chithra M T	Bachelor Of Business Administration
48.	Divya K	Bachelor Of Business Administration
49.	Gokul N U	Bachelor Of Business Administration
50.	Greeshma A	Bachelor Of Business Administration
51.	K Mohammed Ashalm	Bachelor Of Business Administration
52.	Karthik Krishna P	Bachelor Of Business Administration
53.	Lavanya U	Bachelor Of Business Administration
54.	Manish Lal Singh	Bachelor Of Business Administration
55.	Midhuna P M	Bachelor Of Business Administration
56.	Muhammad Ashif	Bachelor Of Business Administration
57.	Muhammed Aslam E	Bachelor Of Business Administration
58.	Najiya M U	Bachelor Of Business Administration
59.	Naveen Krishna R	Bachelor Of Business Administration
60.	Navya P	Bachelor Of Business Administration
61.	Neethu M	Bachelor Of Business Administration
62.	Prasad K	Bachelor Of Business Administration
63.	Rasheena A T	Bachelor Of Business Administration
64.	Sarathkumar K P	Bachelor Of Business Administration
65.	Shajira Thasni N	Bachelor Of Business Administration
66.	Sneha K M	Bachelor Of Business Administration
67.	Sreejisha K S	Bachelor Of Business Administration
68.	Nayana K N	BA Sanskrit Sahithya
69.	Nimisha V P	BA Sanskrit Sahithya
70.	Priya K	BA Sanskrit Sahithya
71.	Priyanka P	BA Sanskrit Sahithya
72.	Radhika K	BA Sanskrit Sahithya
73.	Reshma C	BA Sanskrit Sahithya
74.	Salini M U	BA Sanskrit Sahithya
75.	Sanju R	BA Sanskrit Sahithya
76.	Shilpa C	BA Sanskrit Sahithya
77.	Sruthi K	BA Sanskrit Sahithya
78.	Sruthy M S	BA Sanskrit Sahithya
79.	Swaminathan P G	BA Sanskrit Sahithya
80.	Ardra K	B.Sc Mathematics
81.	Athira N	B.Sc Mathematics
82.	Bittumol Biju	B.Sc Mathematics
83.	Deepika K	B.Sc Mathematics
84.	Devi Krishna K M	B.Sc Mathematics
85.	Divya A	B.Sc Mathematics
86.	Karthika K R	B.Sc Mathematics
87.	Keerthana B	B.Sc Mathematics
88.	Krishnenth V	B.Sc Mathematics
89.	Narayanan P M	B.Sc Mathematics
90.	Nayana M S	B.Sc Mathematics



### Training Programme on Stress Management for Mental Wellness

<b>Title of the Programme</b>	Training Programme on Stress Management for Mental Wellness
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management
<b>Number of Students Enrolled</b>	74
<b>Name of the Resource Person</b>	Dr. Viji Ramakrishnan, Educational Psychologist, BSS Gurukulam
<b>Objectives of the Programme</b>	<p>The objectives of the "Training Programme on Stress Management for Mental Wellness" were to:</p> <ol style="list-style-type: none"> <li>1. Identify stressors affecting students.</li> <li>2. Teach effective stress management techniques.</li> <li>3. Promote mental wellness through practical exercises.</li> <li>4. Equip participants with tools to manage stress in academic and personal life.</li> </ol>
<b>Outcomes of the Programme</b>	Participants gained a better understanding of their stressors and learned effective techniques to manage stress. This led to improved mental wellness and enhanced ability to cope with academic and personal challenges.

### Report

On September 24, 2020, the PG Department of Commerce and Management organized a Training Programme on "Stress Management for Mental Wellness" online. The session, aimed at helping students manage stress effectively, was attended by 74 participants. Dr. Viji Ramakrishnan, an Educational Psychologist from BSS Gurukulam, led the training. Dr. Ramakrishnan provided insights into various stress management techniques and strategies to improve mental wellness. The programme



covered topics such as identifying stressors, coping mechanisms, and practical exercises for reducing stress.

The training involved interactive discussions and practical activities designed to equip students with tools to handle stress in academic and personal settings. Participants were engaged in exercises that included mindfulness techniques and relaxation methods. The session concluded with a Q&A segment where Dr. Ramakrishnan addressed specific concerns and queries from the participants. The programme successfully provided valuable strategies for stress management and contributed to enhancing the overall mental wellness of the students.



 **SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2020-2021**

**TRAINING PROGRAMME ON  
STRESS MANAGEMENT FOR  
MENTAL WELLNESS**

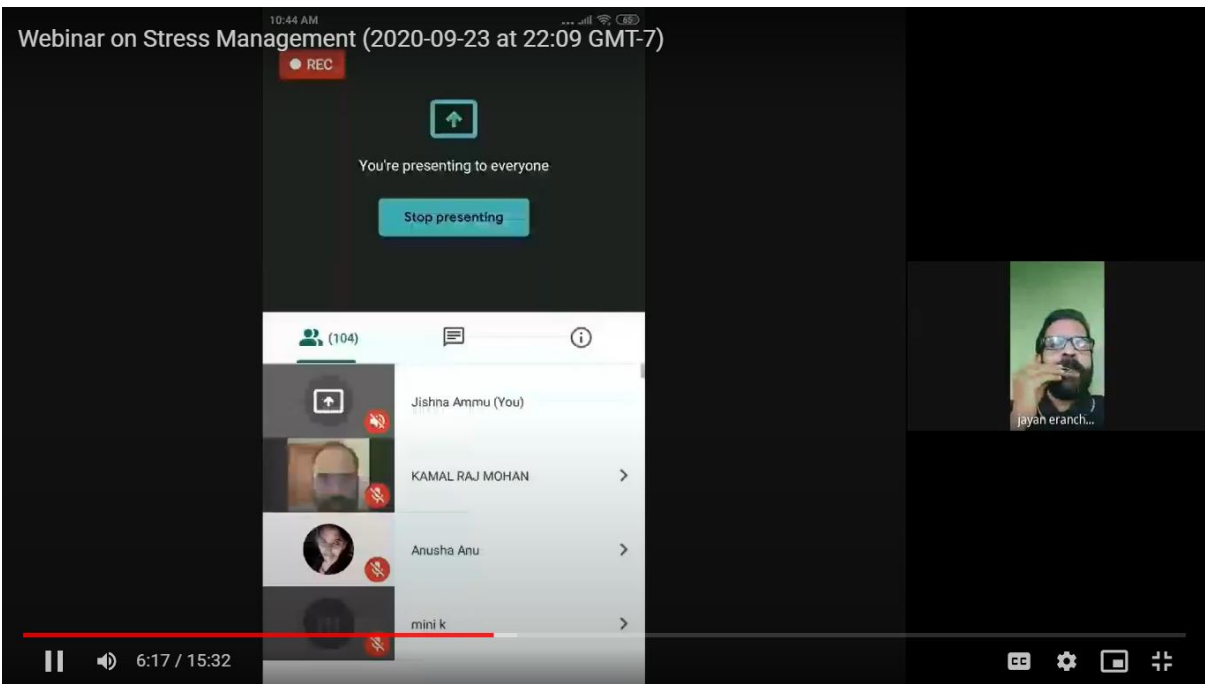
**Date : 24-09-2020 to 24-09-2020**

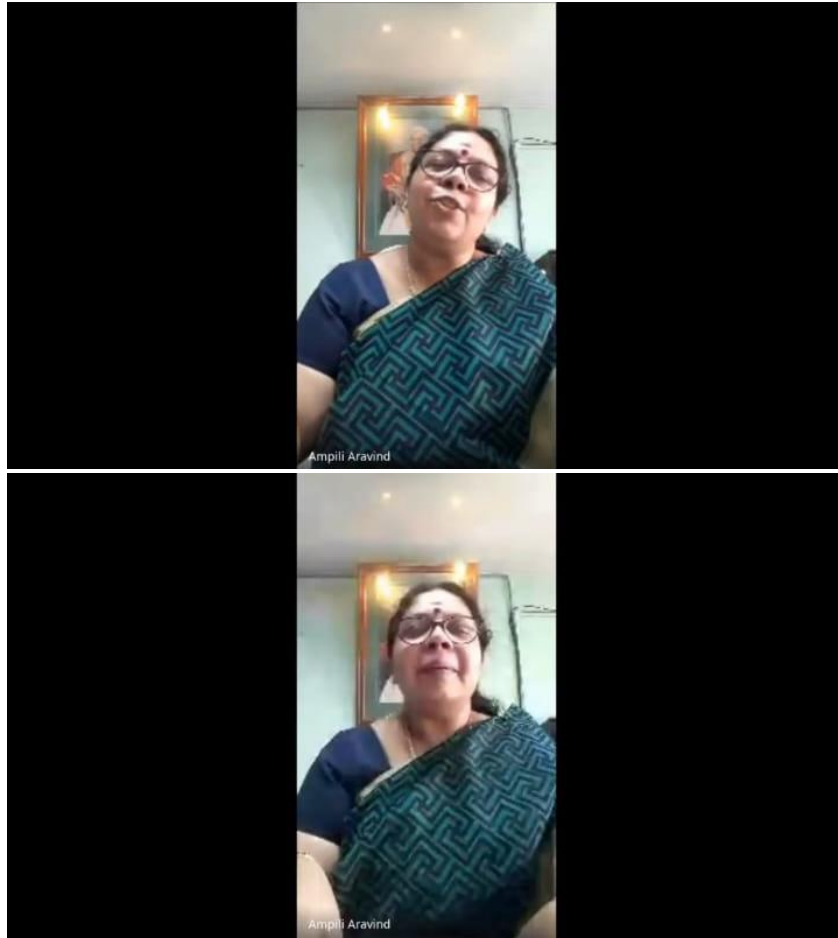
RESOURCE PERSON :  
**DR. VIJI RAMAKRISHNAN, EDUCATIONAL  
PSYCHOLOGIST, BSS GURUKULAM**

*Brochure of the Training Programme*









*Highlights of the Programme*

**List of Participants**

Sl. No	Name of the Student	Programme
1.	Abhinand A	BA Economics with Foreign Trade
2.	Adithya K T	BA Economics with Foreign Trade
3.	Ajay M D	BA Economics with Foreign Trade
4.	Akhil M S	BA Economics with Foreign Trade
5.	Akshara P A	BA Economics with Foreign Trade
6.	Amal Dev T R	BA Economics with Foreign Trade
7.	Ambika C	BA Economics with Foreign Trade
8.	Ambili K	BA Economics with Foreign Trade
9.	Anirudh M	BA Economics with Foreign Trade
10.	Anjali P U	BA Economics with Foreign Trade
11.	Anjana C V	BA Economics with Foreign Trade
12.	Anupama A	BA Economics with Foreign Trade
13.	Arun M	BA Economics with Foreign Trade
14.	Aswathi P R	BA Economics with Foreign Trade
15.	Aswathi V S	BA Economics with Foreign Trade
16.	Aswathy A	BA Economics with Foreign Trade
17.	Athira U	BA Economics with Foreign Trade
18.	Binisha C S	BA Economics with Foreign Trade



19.	Binisha M K	BA Economics with Foreign Trade
20.	Deepika V	BA Economics with Foreign Trade
21.	Dhanya K P	BA Economics with Foreign Trade
22.	Dhanya N R	BA Economics with Foreign Trade
23.	Janna	BA Economics with Foreign Trade
24.	Jinsha P U	BA Economics with Foreign Trade
25.	Jispin K J	BA Economics with Foreign Trade
26.	Jitha K	BA Economics with Foreign Trade
27.	Jithesh P	BA Economics with Foreign Trade
28.	Jyothika P	BA Economics with Foreign Trade
29.	Kailas K K	BA Economics with Foreign Trade
30.	Mayamol R	BA Economics with Foreign Trade
31.	Meera N H	BA Economics with Foreign Trade
32.	Megha V M	BA Economics with Foreign Trade
33.	Misriya E	BA Economics with Foreign Trade
34.	Mohammed Ramees	BA Economics with Foreign Trade
35.	Muhammed Anas O	BA Economics with Foreign Trade
36.	Muhammed Fasil K P	BA Economics with Foreign Trade
37.	Muhammed Shaheer A P	BA Economics with Foreign Trade
38.	Namitha C	BA Economics with Foreign Trade
39.	Nandana V M	BA Economics with Foreign Trade
40.	Nandhana P K	BA Economics with Foreign Trade
41.	Navyadas S	BA Economics with Foreign Trade
42.	Nikitha U R	BA Economics with Foreign Trade
43.	Nithya R	BA Economics with Foreign Trade
44.	Nithyadas K C	BA Economics with Foreign Trade
45.	Princy T	BA Economics with Foreign Trade
46.	Prinitha P N	BA Economics with Foreign Trade
47.	Priyusha P	BA Economics with Foreign Trade
48.	Rahul P R	BA Economics with Foreign Trade
49.	Rajitha C	BA Economics with Foreign Trade
50.	Renuka P G	BA Economics with Foreign Trade
51.	Shabana A P	BA Economics with Foreign Trade
52.	Shafna A	BA Economics with Foreign Trade
53.	Shakkira K	BA Economics with Foreign Trade
54.	Shifana P V	BA Economics with Foreign Trade
55.	Sibina C	BA Economics with Foreign Trade
56.	Sidharth K S	BA Economics with Foreign Trade
57.	Silpa V K	BA Economics with Foreign Trade
58.	Sravya P P	BA Economics with Foreign Trade
59.	Sreeya M S	BA Economics with Foreign Trade
60.	Sruthy C V	BA Economics with Foreign Trade
61.	Swathikrishna V T	BA Economics with Foreign Trade
62.	Vidhya K	BA Economics with Foreign Trade
63.	Vismaya T L	BA Economics with Foreign Trade
64.	Vivek T R	BA Economics with Foreign Trade
65.	Abdul Kader Khan K T	BA History



66.	Adithya G	BA History
67.	Adithyan R	BA History
68.	Akhilkumar C D	BA History
69.	Anas P A	BA History
70.	Anisha P	BA History
71.	Anjana K	BA History
72.	Anshib T	BA History
73.	Anujith K R	BA History
74.	Anushaya C	BA History



## Effective Time Management for Academic Excellence

<b>Title of the Programme</b>	Effective Time Management for Academic Excellence
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management
<b>Number of Students Enrolled</b>	37
<b>Name of the Resource Person</b>	Rathi K N, Assistant Professor, Department of Commerce, Sreekrishnapuram Vt Bhattathiripad College
<b>Objectives of the Programme</b>	The objective of the workshop was to equip students with effective time management skills to enhance their academic performance.
<b>Outcomes of the Programme</b>	The outcome of the workshop was that students gained practical time management strategies and improved their ability to plan and manage their academic activities more effectively.

### Report


On December 22, 2020, the PG Department of Commerce and Management organized a workshop titled "Effective Time Management for Academic Excellence" at the Seminar Hall. The workshop aimed to help students improve their time management skills to achieve better academic performance. A total of 37 students enrolled in the session.

The event was inaugurated by Dr. Jayan Eracheri Illam, the Principal, who highlighted the importance of effective time management in academic success. The resource person for the workshop was Rathi K N, Assistant Professor from the Department of Commerce at Sreekrishnapuram Vt Bhattathiripad College.

During the workshop, Rathi K N presented various time management techniques and strategies, including prioritization, scheduling, and overcoming procrastination. The



session included practical exercises to help students apply these techniques in their academic routines. Participants were engaged in activities designed to enhance their ability to plan and manage their time effectively.



**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2020-2021**

**EFFECTIVE TIME MANAGEMENT  
FOR ACADEMIC EXCELLENCE**

**Date : 22-12-2020 to 22-12-2020**

**Resource person : Rathi K N, Assistant Professor,  
Department of Commerce, Sreekrishnapuram  
Vt Bhattathiripad College**

*Brochure of the Programme*





*Highlight of the Programme*

**List of Participants**

Sl. No	Name of the Student	Programme
1.	Arunkrishna K	BA History
2.	Aswathi N R	BA History
3.	Aswin Krishnan K	BA History
4.	Ayisha N	BA History
5.	Ayisha Raefa P	BA History
6.	Bhavya K R	BA History
7.	Dhanisha P	BA History
8.	Faseela S	BA History
9.	Fathima Shifana P A	BA History
10.	Gopika K S	BA History
11.	Greeshma C P	BA History



12.	Haritha P	BA History
13.	Irfana Thasneem	BA History
14.	Jamsheena P K	BA History
15.	Jamsheera	BA History
16.	Jinisha P	BA History
17.	Karuna K K	BA History
18.	Dhanya K	Bachelor Of Business Administration
19.	Farseena C K	Bachelor Of Business Administration
20.	Fathima Sajina B	Bachelor Of Business Administration
21.	Fazla Am	Bachelor Of Business Administration
22.	Harsha P	Bachelor Of Business Administration
23.	Kavya K M	Bachelor Of Business Administration
24.	Maya K M	Bachelor Of Business Administration
25.	Mithun V	Bachelor Of Business Administration
26.	Muhammed Suhail K S	Bachelor Of Business Administration
27.	Nandana Krishna M	Bachelor Of Business Administration
28.	Nandana Murali M	Bachelor Of Business Administration
29.	Navyaja P R	Bachelor Of Business Administration
30.	Neethu C	Bachelor Of Business Administration
31.	Nikhil Raj K R	Bachelor Of Business Administration
32.	Nima M T	Bachelor Of Business Administration
33.	Nithya T	Bachelor Of Business Administration
34.	Muhammed Sabik K V	B.Sc Mathematics
35.	Namith V	B.Sc Mathematics
36.	Rahul Kumar V P	B.Sc Mathematics
37.	Raseena E P	B.Sc Mathematics





## Tug of War Tactics: Team Training Workshop

<b>Title of the Programme</b>	Tug of War Tactics: Team Training Workshop
<b>Organizing Department/Cell</b>	Department of Physical Education
<b>Number of Students Enrolled</b>	15
<b>Name of the Resource Person</b>	Dr. Sadeep K, Department of Physical Education Ph:9745664170
<b>Objectives of the Programme</b>	The objective of the workshop is to teach students effective tactics and strategies for tug of war, improving their teamwork, strength, and coordination in the sport.
<b>Outcomes of the Programme</b>	Students gained practical knowledge and skills in tug of war tactics, leading to improved teamwork and strategic performance in the sport.

### Report

The Department of Physical Education organized a workshop titled "Tug of War Tactics: Team Training Workshop" from March 16, 2021, to April 18, 2021. The program aimed to enhance students' understanding and application of strategies in tug of war, a sport that emphasizes teamwork, strength, and coordination.

A total of 15 students enrolled in the workshop, which was led by Dr. Sadeep K from the Department of Physical Education. Dr. Sadeep K provided comprehensive training on various tactics essential for successful tug of war, including team positioning, strength training, and coordination techniques.

Throughout the workshop, students engaged in both theoretical and practical sessions. They learned how to optimize their team's performance through strategic planning and effective communication. Practical exercises and drills were conducted



to reinforce the strategies discussed, allowing students to experience real-time application of the tactics.



**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2020-2021**

***TUG OF WAR TACTICS:  
TEAM TRAINING WORKSHOP***

**Date :16-03-2021 to 18-04-2021**

*Brochure of the Workshop*



*Highlight of the Programme*



### List of Participants

Sl. No	Name of the Student	Programme
1.	Mohammed Ramees	BA Economics with Foreign Trade
2.	Muhammed Anas O	BA Economics with Foreign Trade
3.	Muhammed Fasil K P	BA Economics with Foreign Trade
4.	Nihal K	BA History
5.	Pranav K B	BA History
6.	Abdul Kader Khan K T	BA History
7.	Adithya G	BA History
8.	Adithyan R	BA History
9.	Akhilkumar C D	BA History
10.	Sreejitha M	BA Sanskrit Sahithya
11.	Sreekanth E P	BA Sanskrit Sahithya
12.	S Hrithik	Bachelor Of Business Administration
13.	Sayyid Alavi K S	Bachelor Of Business Administration
14.	Shigin M	Bachelor Of Business Administration
15.	Sujith K	Bachelor Of Business Administration



## Soft Skill Training Programme on Emotional Intelligence for Success

<b>Title of the Programme</b>	Soft Skill Training Programme on Emotional Intelligence for Success
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management Studies
<b>Number of Students Enrolled</b>	58
<b>Name of the Resource Person</b>	Amal Raj Mohan
<b>Objectives of the Programme</b>	To enhance students' essential interpersonal and professional skills to better prepare them for the competitive job market.
<b>Outcomes of the Programme</b>	The outcome of the Soft Skill Training Programme was that students significantly improved their communication, teamwork, and problem-solving abilities, increasing their preparedness for professional success.

### Report

On November 23, 2021, the PG Department of Commerce and Management Studies conducted an impactful Soft Skill Training Programme aimed at enhancing students' essential interpersonal and professional skills. The event, held with the support of the International Skill Development Corporation (ISDC), Kochi, was attended by 58 students. The session was led by Amal Raj Mohan. He began the training by emphasizing the importance of soft skills in today's competitive job market. His presentation covered various aspects, including communication skills, teamwork, problem-solving, and emotional intelligence. He used interactive methods such as role-playing, group discussions, and practical exercises to facilitate learning. These activities were designed to help students practice and internalize effective communication techniques, enhance their ability to work collaboratively, and develop



critical thinking skills. The training session concluded with a discussion, where students shared their experiences and insights gained from the programme.

 **SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2021-2022**

**Soft Skill Training  
Programme on  
Emotional Intelligence  
for Success**

Date : 23-11-2021 to 23-11-2021

**RESOURCE PERSON : AMALRAJ MOHAN, HSST,  
INDU MEMORIAL HIGHER SECONDARY  
SCHOOL, PALAKKAD**

Coordinator : Rathi K N                      Venue: Seminar Hall

*Brochure of the Soft Skill Training Programme*





*Highlights of the Soft Skill Training Programme*



## List of Participants

Sl No	Name of the Student	Course	Signature
1	Vishnuvardhan R	B.Com	
2	Anisha S	B.Com	
3	Chithra K.P	B.Com	
4	Anusha V	B.Com	
5	Aiswarya G	B.Com	
6	Anjana Krishna .CT	B.Com	
7	Sreerakha V S	B.Com	
8	Sudhakarathi K	B.Com	
9	Vandana P	B.Com	
10	VISMAYA.MN	B.Com	
11	Karthika.VK	B.Com	
12	Rajasee.R.	B.Com.	
13	Swetha Gayathri.Ns	B.Com	
14	MAHITHA.S	B.Com	
15	Anantha.Kc	B.Com	
16	Anjana.BK	B.Com	
17	Anjana.TA	B.Com	
18	Nimachandran.P.c	B.Com	
19	Vinaya Sare.E.M	B.Com	
20	Ajisha.K	B.Com	
21	Abhijith.M	B.Com	
22	Leela.V	B.Com	
23	Larija.K	B.Com	
24	Adi-thya Krishna	B.Com	
25	Revathi.M	B.Com	
26	Dansana.T	B.Com	
27	TAMSHAD.K	B.Com	
28	SREELAKSHMI B	B.Com	
29	Navya.A.R.	B.COM	



30	Anjana.k		
31	Struthi k.m	B.com	<del>Anjana</del>
32	Aadi Karim	B.com	<del>Struthi</del>
33	Aswathy.P.S	B.com	<del>Aadi</del>
34	Krishnender.V.V	B.com	Aswathy
35	Sreedelli.M.V.	B.com	<del>Krishna</del>
36	E.V. LAKSHMI	B.com	Sreedelli
37	Neha Prakash.k	B.com	<del>E.V. Lakshmi</del>
38	NS Agundaz	B.com	Neha Prakash.k
39	Rejith Ravi Krishna.P.M	B.com	NS Agundaz
40	Maneesha.	B.com	Rejith
41	SUDHESH.BABU.P.S.	B.com	<del>Maneesha</del>
42	Sreehari N.S.	B.com	<del>Sudhesh</del>
43	DEVJITH	B.COM	Sreehari N.S.
44	Siva Prasad	B.com	Devjith
45	Bharin Vinod	B.com	Siva Prasad
46	Jazira	B.com	Bharin Vinod
47	Akshay	B.com	Jazira
48	Abhijith Krishnadas.	B.com	Akshay
49	Jithin	B.com	Abhijith Krishnadas.
50	Abhijith	B.com	Jithin
51	Akhilosh	B.com	Abhijith
52	Ansal	B.com	Akhilosh
53	Anagha.V	B.com	Ansal
54	Sreelakshmi.M	B.com	Anagha.V
55	Aswathi.A.V	B.com	Sreelakshmi.M
56	Athira	B.com	Aswathi.A.V
57	Vaishnavi	B.com	Athira
58	Shabana	B.com	Vaishnavi
59			Shabana
60			
61			
62			





### Workshop on Personality and Soft Skill Development

<b>Title of the Programme</b>	Workshop on Personality and Soft Skill Development
<b>Organizing Department/Cell</b>	PG Department of Commerce and Management Studies
<b>Number of Students Enrolled</b>	50
<b>Name of the Resource Person</b>	Dr. Sabeena, Assistant Professor in Education, A M U, Malappuram Center Ph: 9746068441
<b>Objectives of the Programme</b>	To enhance students' personal and professional skills by focusing on key aspects of personality development and essential soft skills.
<b>Outcomes of the Programme</b>	Students gained practical insights and techniques to improve their self-awareness, confidence, and essential soft skills for their personal and professional growth.

### Report

On November 25, 2021, the PG Department of Commerce and Management Studies conducted a workshop titled "Personality and Soft Skill Development" at the Seminar Hall. The workshop had 58 students enrolled.

Dr. Sabeena, Assistant Professor in Education at A M U, Malappuram Center, was the resource person for the session. Dr. Sabeena covered various aspects of personality development and soft skills. The session focused on self-awareness, confidence building, and effective communication. She also addressed skills such as teamwork, problem-solving, and time management.

The workshop included interactive activities, role-playing, and group discussions to provide practical experience. Dr. Sabeena offered personalized feedback and



strategies for improvement. She highlighted the significance of soft skills in professional settings and gave advice on applying these skills in real-life situations.

The workshop ended with a Q&A session where students could ask questions and get further clarification on the topics discussed. The event aimed to help students enhance their personal and professional skills, providing them with useful tools for their future careers.

**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2021-2022**

**Workshop on  
Personality and Soft  
Skill Development**

Date :8-12-2021 to 8 -12-2021

Resource Person : Dr. Sabeena, Assistant  
Professor in Education, A M U, Malappuram Cente

Venue: Seminar Hall

Coordinators : Rathi K N

*Brochure of the Workshop on Personality and Soft Skill Development*





*Highlight of the Programme*

**List of Participants**

<b>Sl. No</b>	<b>Name of the Student</b>	<b>Programme</b>
1.	Arya Mol C	BBA
2.	Devika P S	BBA
3.	Fathimath Fidha K M	BBA
4.	Gokul Krishnan P	BBA
5.	Janaki K	BBA
6.	Jumana Sherin P	BBA
7.	Karthika A	BBA
8.	Krishnapriya	BBA
9.	Manya V P	BBA
10.	Muhammed Musthafa M	BBA
11.	Nanda Krishna P	BBA
12.	Nandana K	BBA
13.	Nandana P	BBA
14.	Nidhin C	BBA
15.	Nivedh M	BBA
16.	Pavithra K M	BBA
17.	Praveena	BBA
18.	Raghu Narayanan K	BBA
19.	Ramshad K	BBA
20.	Ranjitha C J	BBA
21.	Renuka Krishnan	BBA
22.	Reshma R	BBA
23.	Sandra K S	BBA



24.	Sandra Sivakumar	BBA
25.	Sanika C P	BBA
26.	Shabeeh P	BBA
27.	Sneha M	BBA
28.	Sreehari M	BBA
29.	Sreejith M	BBA
30.	E V Lakshmi	BCom
31.	Jamshad K	BCom
32.	Jithin A	BCom
33.	Karthika V K	BCom
34.	Krishnendu V V	BCom
35.	Larija K	BCom
36.	Leela V	BCom
37.	Mahitha S	BCom
38.	Maneesha	BCom
39.	Mohammed Fazir P	BCom
40.	Monisha K	BCom
41.	N S Arundas	BCom
42.	Navya A R	BCom
43.	Neha Prakash K	BCom
44.	Nima Chandran P C	BCom
45.	Rajasree R	BCom
46.	Renjith Ravi Krishna P M	BCom
47.	Revathi M	BCom
48.	Shahana A P	BCom
49.	Sivaprasad V	BCom
50.	Sreedevi M V	BCom



### Training Programme to improve Interpersonal Skills

<b>Title of the Programme</b>	Training Programme to improve Interpersonal Skills
<b>Organizing Department/Cell</b>	IQAC
<b>Number of Students Enrolled</b>	244
<b>Name of the Resource Person</b>	Ganesh Kailas, Motivational Speaker
<b>Objectives of the Programme</b>	To enhance participants' abilities in effective communication, active listening, and relationship-building.
<b>Outcomes of the Programme</b>	Participants developed better interpersonal communication skills and improved their ability to build and maintain positive relationships.

### Report

On September 19, 2022, the Internal Quality Assurance Cell (IQAC) organized a "Training Programme to Improve Interpersonal Skills." The event was held with the aim of enhancing the interpersonal abilities of participants, which are essential for effective communication and professional success. The programme benefitted a total of 244 individuals.

Mr. Ganesh Kailas, a distinguished expert in interpersonal skills, served as the resource person for the training. His extensive experience in the field allowed him to provide valuable insights and practical strategies for improving interpersonal interactions. The session covered various aspects of interpersonal skills, including effective communication, active listening, conflict resolution, and building positive relationships. The training was coordinated by Dr. Remya S. The Parent-Teacher Association (PTA) collaborated in organizing the event, contributing to its success by supporting the logistics and outreach efforts. Their involvement helped in



accommodating the large number of participants and ensuring that the session was well organized.



**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2022-2023**

**TRAINING PROGRAMME TO  
IMPROVE INTERPERSONAL  
SKILLS**

**Resource person : Ganesh Kailas,  
Motivational Speaker**

**DATE : 19-09-2022 TO 19-09-2022**

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*Brochure of the Training Programme to Improve Interpersonal Skills*



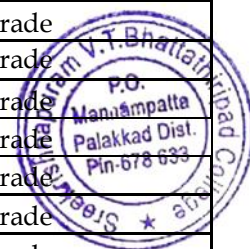


*Highlights of the Programme*



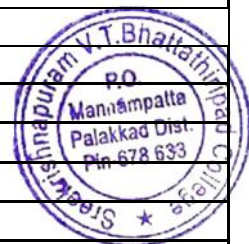
## List of Participants

Sl. No	Name Of the Student	Programme
1.	Abhay K	BA Economics with Foreign Trade
2.	Abhijith K	BA Economics with Foreign Trade
3.	Abhijith T	BA Economics with Foreign Trade
4.	Abhijith. C	BA Economics with Foreign Trade
5.	Abhimanyu C R	BA Economics with Foreign Trade
6.	Abhinav Krishna T B	BA Economics with Foreign Trade
7.	Adarsh R	BA Economics with Foreign Trade
8.	Afna K A	BA Economics with Foreign Trade
9.	Amitha K P	BA Economics with Foreign Trade
10.	Anagha T	BA Economics with Foreign Trade
11.	Aneesh P A	BA Economics with Foreign Trade
12.	Anupika N K	BA Economics with Foreign Trade
13.	Archana M T	BA Economics with Foreign Trade
14.	Ashok S	BA Economics with Foreign Trade
15.	Aswan T S	BA Economics with Foreign Trade
16.	Aswathi K	BA Economics with Foreign Trade
17.	Aswin S Nair	BA Economics with Foreign Trade
18.	Athira N M	BA Economics with Foreign Trade
19.	Athulya Das A K	BA Economics with Foreign Trade
20.	Binisha A P	BA Economics with Foreign Trade
21.	Dinsha Chandran	BA Economics with Foreign Trade
22.	Fathimath Binciya P	BA Economics with Foreign Trade
23.	Fathimath Riswana E P	BA Economics with Foreign Trade
24.	Fathimath Samiya V	BA Economics with Foreign Trade
25.	Fathimath Suhaila A	BA Economics with Foreign Trade
26.	Fathimathul Liya K	BA Economics with Foreign Trade
27.	Haritha N K	BA Economics with Foreign Trade
28.	Jiji N	BA Economics with Foreign Trade
29.	Jijitha C	BA Economics with Foreign Trade
30.	Jusaina Nargees P	BA Economics with Foreign Trade
31.	Keerthy M R	BA Economics with Foreign Trade
32.	Lekha K	BA Economics with Foreign Trade
33.	Maya Gopika K P	BA Economics with Foreign Trade
34.	Mayamithra.P	BA Economics with Foreign Trade
35.	Mohammed Firoz P. A	BA Economics with Foreign Trade
36.	Muhammed Riyas	BA Economics with Foreign Trade
37.	Muhammed Sahil O	BA Economics with Foreign Trade
38.	Muhsena K A	BA Economics with Foreign Trade
39.	Nahla K N	BA Economics with Foreign Trade
40.	Nandhanakrishna K	BA Economics with Foreign Trade
41.	Nasla K N	BA Economics with Foreign Trade
42.	Nima P C	BA Economics with Foreign Trade
43.	Noufiya Riswana K	BA Economics with Foreign Trade
44.	Pravitha K	BA Economics with Foreign Trade





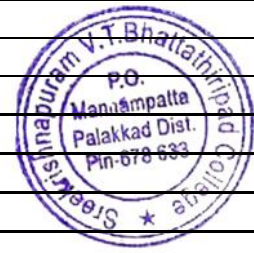
45.	Rabiya K A	BA Economics with Foreign Trade
46.	Ragendu K	BA Economics with Foreign Trade
47.	Ranjitha K	BA Economics with Foreign Trade
48.	Rashida A J	BA Economics with Foreign Trade
49.	Reshma P	BA Economics with Foreign Trade
50.	Rifan Mohammed N	BA Economics with Foreign Trade
51.	Rithu Rajmohan C	BA Economics with Foreign Trade
52.	Sabira	BA Economics with Foreign Trade
53.	Safwan	BA Economics with Foreign Trade
54.	Salima K P	BA Economics with Foreign Trade
55.	Shahana Sherin P	BA Economics with Foreign Trade
56.	Shamnas V	BA Economics with Foreign Trade
57.	Shibina K	BA Economics with Foreign Trade
58.	Silpa C V	BA Economics with Foreign Trade
59.	Sneha V S	BA Economics with Foreign Trade
60.	Sooraj Krishna N	BA Economics with Foreign Trade
61.	Soorya M R	BA Economics with Foreign Trade
62.	Sumisha T	BA Economics with Foreign Trade
63.	Suranya P	BA Economics with Foreign Trade
64.	Akhila T M	BA history
65.	Althaf A	BA history
66.	Aneeshma K	BA history
67.	Anjana M	BA history
68.	Ansila K	BA history
69.	Ansiya A	BA history
70.	Ardra V A	BA history
71.	Arya M	BA history
72.	Asraya P	BA history
73.	Athira A K	BA history
74.	Bhavya N K	BA history
75.	Chandana Das K	BA history
76.	Dhanya P K	BA history
77.	Divya T	BA history
78.	Fasna N A	BA history
79.	Fathima Shibila P	BA history
80.	Fidha Fathima K	BA history
81.	Gopika G	BA history
82.	Habeeba E	BA history
83.	Hanna K	BA history
84.	Hariharan	BA history
85.	Hariprasanth S	BA history
86.	Hiba Fathima K S	BA history
87.	Jishna E P	BA history
88.	Krishnaja K R	BA history
89.	Krishnaniya K	BA history
90.	Manoj A	BA history
91.	Megha S	BA history



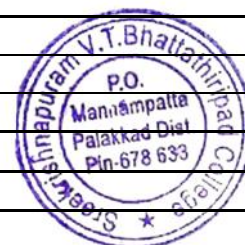
92.	Mufeeda E P	BA history
93.	Mufliha C P	BA history
94.	Muhammed Sadiq Ali K P	BA history
95.	Muhammed Uwais K M	BA history
96.	Nandana A	BA history
97.	Navya P	BA history
98.	Neethu Chandran K	BA history
99.	Prabitha P	BA history
100.	Preena V P	BA history
101.	Priya E P	BA history
102.	Ragendu V R	BA history
103.	Rayyan S	BA history
104.	Rinsha S	BA history
105.	Safvana V K	BA history
106.	Sahla M S	BA history
107.	Sangeetha M	BA history
108.	Sangeetha T S	BA history
109.	Saran K	BA history
110.	Shahana Sherin P A	BA history
111.	Shamna Fathima K S	BA history
112.	Shijitha. K. G	BA history
113.	Sibila Shirin	BA history
114.	Sruthi K	BA history
115.	Sushama S	BA history
116.	Thameema K	BA history
117.	Vaishnav R	BA history
118.	Vishakh.R	BA history
119.	Vismaya A P	BA history
120.	Vismaya P	BA history
121.	Abhinav Krishnan P V	BA Sanskrit
122.	Abhirami P S	BA Sanskrit
123.	Amritha V P	BA Sanskrit
124.	Arathi M Gupta	BA Sanskrit
125.	Archana M P	BA Sanskrit
126.	Arya K	BA Sanskrit
127.	Ashima V	BA Sanskrit
128.	Aswathi P S	BA Sanskrit
129.	Aswathy B	BA Sanskrit
130.	Athira P	BA Sanskrit
131.	Bharath Krishna K M	BA Sanskrit
132.	Bijitha K B	BA Sanskrit
133.	Dhananjay Krishnan Ks	BA Sanskrit
134.	Jagan K R	BA Sanskrit
135.	Muhammed Afsal S	BA Sanskrit
136.	Nandana K	BA Sanskrit
137.	Revathy K G	BA Sanskrit
138.	Sariga T P	BA Sanskrit



139.	Shijil Krishna A	BA Sanskrit
140.	Shyama Priya K N	BA Sanskrit
141.	Sreeram E M	BA Sanskrit
142.	Surya T S	BA Sanskrit
143.	Vaisakh C	BA Sanskrit
144.	Vijila Murali K	BA Sanskrit
145.	Amruthakrishna K	BSc Mathematics
146.	Anjana P J	BSc Mathematics
147.	Anusree K	BSc Mathematics
148.	Aparna A R	BSc Mathematics
149.	Archana K	BSc Mathematics
150.	Aryakrishna P R	BSc Mathematics
151.	Aswathi P	BSc Mathematics
152.	Aswathi C	BSc Mathematics
153.	Aswinikrishna M B	BSc Mathematics
154.	Dipin C	BSc Mathematics
155.	Fathimathu Shifa K A	BSc Mathematics
156.	Anjali A	BCom
157.	Anoka R Nair	BCom
158.	Anushma P	BCom
159.	Aparna P U	BCom
160.	Aravind Krishna K M	BCom
161.	Arjun A	BCom
162.	Arya V P	BCom
163.	Arya R	BCom
164.	Arya V S	BCom
165.	Aswathy Sudheer	BCom
166.	Athulya K R	BCom
167.	Balagopalan M S	BCom
168.	Chaithanya N.M.	BCom
169.	Deepak M	BCom
170.	Devika P	BCom
171.	Devika V R	BCom
172.	Dharsha C	BCom
173.	Dinesh P	BCom
174.	Drishya.P.J	BCom
175.	Drisy K	BCom
176.	Gokul Krishna K	BCom
177.	Gokul Krishna T	BCom
178.	Gopika P	BCom
179.	Hamsa M	BCom
180.	Harilal C M	BCom
181.	Hima K	BCom
182.	Hrishi Harinarayanan	BCom
183.	Libisha P	BCom
184.	Maneesha K	BCom
185.	Muhammed Ansil K	BCom



186.	Nandana C C	BCom
187.	Nandana K P	BCom
188.	Nandhana P	BCom
189.	Navaneeth Krishna U	BCom
190.	Nintu Manoj	BCom
191.	Nishana Nasrin V	BCom
192.	Reshma R	BCom
193.	Revathy Krishna K U	BCom
194.	Rinsha T	BCom
195.	Saranya M	BCom
196.	Savitha M	BCom
197.	Sneha.P	BCom
198.	Sooraj J P	BCom
199.	Soorya Krishna P	BCom
200.	Sreenath K	BCom
201.	Subin K	BCom
202.	Theertha.M	BCom
203.	Varada M	BCom
204.	Varadha K S	BCom
205.	Vignesh	BCom
206.	Vijay T	BCom
207.	Abhijith Mohan. P	BBA
208.	Abhishek M	BBA
209.	Afna Sherin K	BBA
210.	Ajay K M	BBA
211.	Ajmal Ibrahim Vanneri	BBA
212.	Akhila T R	BBA
213.	Akshara N	BBA
214.	Akshaykumar K S	BBA
215.	Alamelu P	BBA
216.	Amritha M R	BBA
217.	Amrutha M	BBA
218.	Anagha U M	BBA
219.	Anjana P	BBA
220.	Anupama A R	BBA
221.	Archana P H	BBA
222.	Ardra M	BBA
223.	Ardra M	BBA
224.	Arjun S	BBA
225.	Aryabhadra M K	BBA
226.	Aswin L	BBA
227.	Athira C Vatsalan	BBA
228.	Athira R	BBA
229.	Athulya M G	BBA
230.	Bijisha C	BBA
231.	Fasil T P	BBA
232.	Fathima Nasreena P	BBA



233.	Fathima Rishana	BBA
234.	Gogul Nair	BBA
235.	Hiba	BBA
236.	Jyothish T	BBA
237.	Karthik P	BBA
238.	Krishnaja K	BBA
239.	Manya M	BBA
240.	Mohammed Shaleeq K	BBA
241.	Mufeedha Jasmin	BBA
242.	Nandana K P	BBA
243.	Nandhana M	BBA
244.	Nandhana P	BBA



### Workshop on Teamwork and Leadership


<b>Title of the Programme</b>	Workshop on Teamwork and Leadership
<b>Organizing Department/Cell</b>	Department of Physical Education
<b>Number of Students Enrolled</b>	20
<b>Name of the Resource Person</b>	Muhammed Shemin K, AFC C Licenced Coach
<b>Objectives of the Programme</b>	To enhance participants' skills in effective teamwork and leadership through practical instruction and interactive exercises.
<b>Outcomes of the Programme</b>	Participants gained improved skills in collaboration and leadership, enhancing their ability to work effectively in teams and lead with confidence.

### Report

On November 12, 2022, the Department of Physical Education organized a "Workshop on Teamwork and Leadership" in the College Auditorium. The workshop aimed to develop participants' skills in effective teamwork and leadership, essential for both academic and professional settings. A total of 20 students enrolled in the workshop.

Muhammed Shemin K, an AFC C Licensed Coach, served as the resource person for the event. He provided expert instruction on various aspects of teamwork and leadership. The workshop included discussions on team dynamics, leadership styles, and strategies for fostering collaboration among team members. Through practical exercises and interactive sessions, participants gained hands-on experience in applying these concepts.





**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala  
**2022-2023**

# **WORKSHOP ON TEAM WORK AND LEADERSHIP**

Date :12-11-2022 to 12-11-2022

Resource Person :  
Muhammed Shemin K, AFC C Licenced Coach

Venue : College Auditorium      Coordinator : Dr. Sadeep K

*Brochure of the Workshop on Teamwork and Leadership*



*Highlight of the Training Programme*



### List of Participants

Sl. No	Name Of the Student	Programme
1.	Rifan Mohammed N	BA Economics with Foreign Trade
2.	Rithu Rajmohan C	BA Economics with Foreign Trade
3.	Muhammed Sadiq Ali K P	BA History
4.	Rayyan S	BA History
5.	Saran K	BA History
6.	Vishakh.R	BA History
7.	Adhithyan T P	BCom
8.	Dinesh P	BCom
9.	Muhammed Ansil K	BCom
10.	Sooraj J P	BCom
11.	Sreenath K	BCom
12.	Arjun S	BBA
13.	Mohammed Shaleeq K	BBA
14.	Pradeepkumar K P	BBA
15.	Jyothish T	BBA
16.	Karthik P	BBA
17.	Abhishek. V	BSc Mathematics
18.	Dipin C	BSc Mathematics
19.	Jagan K R	BA Sanskrit
20.	Muhammed Afsal S	BA Sanskrit





## Training Programme on Communication and Soft Skill Development

<b>Title of the Programme</b>	Training Programme on Communication and Soft Skill Development
<b>Organizing Department/Cell</b>	ASAP Club
<b>Number of Students Enrolled</b>	44
<b>Name of the Resource Person</b>	Aarsha A V P, Trainer ASAP
<b>Objectives of the Programme</b>	To enhance students' communication abilities and soft skills essential for their academic and professional success.
<b>Outcomes of the Programme</b>	Participants gained improved communication skills and enhanced soft skills applicable to their academic and professional environments.

### Report

On November 30, 2022, an Induction Programme on Communication and Soft Skill Development was conducted with collaboration from the Additional Skill Acquisition Programme (ASAP). The session took place with the objective of improving students' communication abilities and soft skills, which are crucial for their academic and professional growth. A total of 44 students participated in the programme. The resource person for the event was Aarsha A V P, a trainer from ASAP. Aarsha A V P led the session, focusing on various aspects of communication and soft skills. The training included techniques for effective verbal and non-verbal communication, strategies for enhancing interpersonal skills, and methods for professional



interactions. The workshop was designed to provide practical insights and actionable strategies that participants could apply in their personal and professional lives.



 **SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala  
**2022-2023**

**TRAINING PROGRAMME ON  
COMMUNICATION AND SOFT  
SKILL DEVELOPMENT**

Venue: Seminar Hall

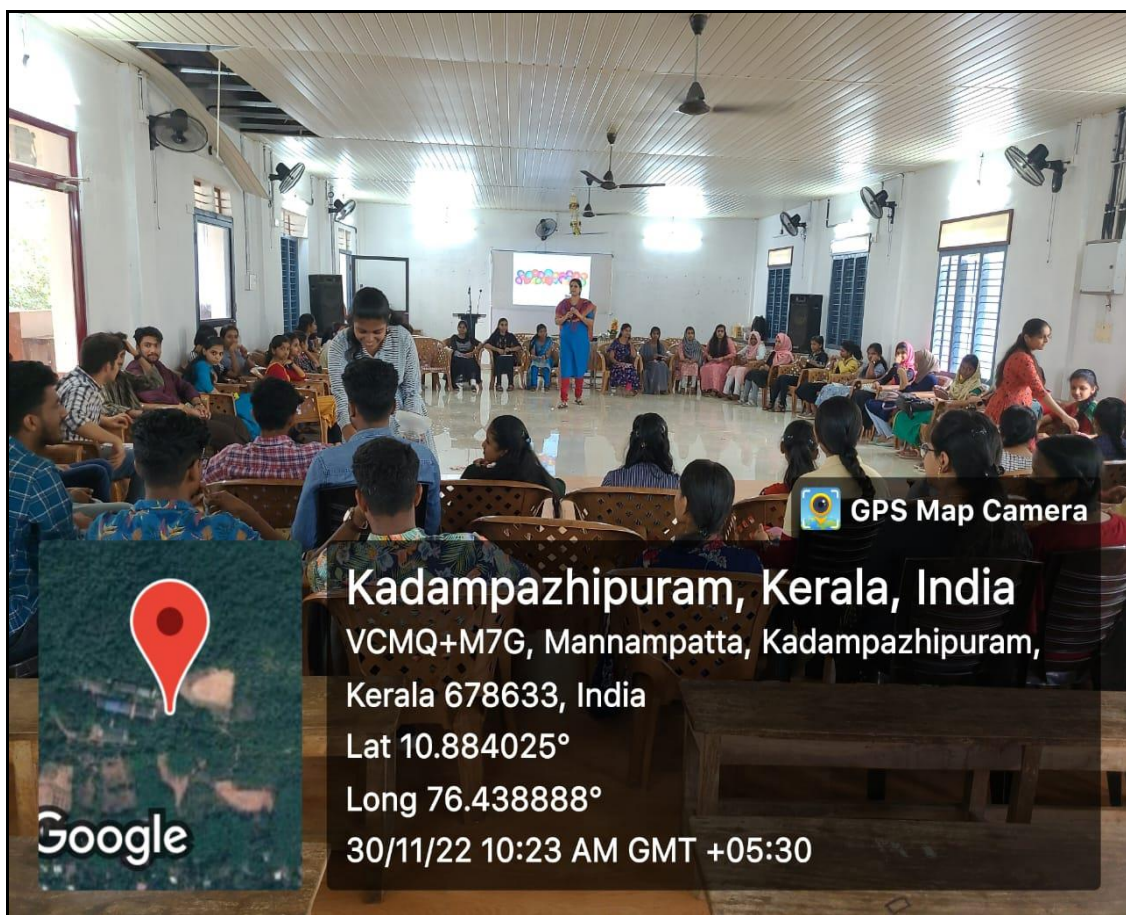
**Date :30-11-2022  
to 30-11-2022**

Resource Person :  
Aarsha A V P, Trainer ASAP.

Coordinator : Dr. Remya S

*Brochure of the Training Programme*





*Highlight of the Programme*

**List of Participants**

Sl. No	Name of the Student	Programme
1.	Anjana P	BBA
2.	Anupama A R	BBA
3.	Archana P H	BBA
4.	Ardra M	BBA
5.	Ardra M	BBA
6.	Arjun S	BBA
7.	Aryabhadra M K	BBA
8.	Aswin L	BBA
9.	Athira C Vatsalan	BBA
10.	Athira R	BBA
11.	Athulya M G	BBA
12.	Bijisha C	BBA
13.	Fasil T P	BBA
14.	Fathima Nasreena P	BBA
15.	Fathima Rishana	BBA
16.	Hamsa M	BCom



17.	Harilal C M	BCom
18.	Hima K	BCom
19.	Hrishi Harinarayanan	BCom
20.	Libisha P	BCom
21.	Maneesha K	BCom
22.	Muhammed Ansil K	BCom
23.	Nandana C C	BCom
24.	Nandana K P	BCom
25.	Nandhana P	BCom
26.	Navaneeth Krishna U	BCom
27.	Nintu Manoj	BCom
28.	Nishana Nasrin V	BCom
29.	Reshma R	BCom
30.	Revathy Krishna K U	BCom
31.	Rinsha T	BCom
32.	Saranya M	BCom
33.	Savitha M	BCom
34.	Sneha.P	BCom
35.	Sooraj J P	BCom
36.	Soorya Krishna P	BCom
37.	Aswathi C	BSC Mathematics
38.	Aswinikrishna M B	BSC Mathematics
39.	Dipin C	BSC Mathematics
40.	Divya K S	BSC Mathematics
41.	Faizal K	BSC Mathematics
42.	Fathimathu Shifa K A	BSC Mathematics
43.	Fathimathul Najiya K	BSC Mathematics
44.	Hamida Yasmin M P	BSC Mathematics



## Workshop on Personality Development

<b>Title of the Programme</b>	Workshop on Personality Development
<b>Organizing Department/Cell</b>	Department of Economics in association with ICDC Kadampazhipuram
<b>Number of Students Enrolled</b>	88
<b>Name of the Resource Person</b>	Dr.Mercy Thomas(Consultant Psychologist, ICDC KADAMPAZHIPURAM) and Mrs.Rasiya (Advocate And Legal Consultant, ICDC Kadampazhipuram)
<b>Objectives of the Programme</b>	Aimed at enhancing self-awareness, building confidence, improving communication skills, developing emotional intelligence, and cultivating positive attitudes and behaviors.
<b>Outcomes of the Programme</b>	Students learned practical strategies for personal growth and professional success

### Report

A personality development class was conducted by the Department of Economics in association with ICDC kadampazhipuram on December 8, 2022. The class was presided by Mrs. Vijayalakshmi.K.K HOD, Department of Economics. Inauguration was done by Dr.E.Jayan (Principal, SVTB College). The class was led by Dr. Mercy Thomas. In the class, participants were typically engaged in activities and exercises aimed at enhancing self-awareness, building confidence, improving communication skills, developing emotional intelligence, and cultivating positive attitudes and behaviors. The class covered topics such as self-reflection, goal setting, assertiveness training, stress management, interpersonal skills, and leadership development. Through a combination of lectures, group discussions, role-playing, and individual exercises, participants learned practical strategies for personal growth and



professional success. The programme ended with a vote of thanks delivered by Dr.Asish, Assistant Professor of Economics.

**SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala



**2022-2023**

**WORKSHOP ON  
PERSONALITY  
DEVELOPMENT**

*Date :08-12-2022 to 8-12-2022*

**Resource Person :**  
*Dr. Mercy Thomas(Consultant Psychologist, ICDC,  
Katambazhipuram)*

**Venue: Seminar Hall**    **Coordinator : Sathyavathi M**



*Brochure of the Workshop*





VCJP+RQ3, VTB  
Road, Mannampatta,  
Kadampazhipuram, Kerala  
08 Dec 2022 12:15 pm

overcast  
clouds  
31.0 °C



VCJP+RQ3, VTB  
Road, Mannampatta,  
Kadampazhipuram, Kerala  
08 Dec 2022 12:16 pm

overcast  
clouds  
31.0 °C

### Highlights of the Programme

### List of Participants

*Personality Development Class.*  
*8<sup>th</sup> December 2022.*

SL No.	Name	Contact number	Sign
1	Anand Krishnan. K	8590 206407	<i>[Signature]</i>
2	Archana. A	8075870918	<i>[Signature]</i>
3	Abhirami. c.	7306753105	<i>[Signature]</i>
4	Maya. K.T	9744105448	<i>[Signature]</i>
5	Arisha. A	9207417046	<i>[Signature]</i>
6	Ajmal. E.P	9496031091	<i>[Signature]</i>
7	Sumaya K.M	9567811818	<i>[Signature]</i>
8	Sunaina. T.S	9072987570	<i>[Signature]</i>
9	Dishya. P	9605916360	<i>[Signature]</i>
10	Aasana. P.G	9562738489	<i>[Signature]</i>
11	Dhanya. c	9746333572	<i>[Signature]</i>
12	Nirra. P.S	6235602515	<i>[Signature]</i>
13	Sweetly Johnson	7907087218	<i>[Signature]</i>
14	Maneesha. A.S	8086051098	<i>[Signature]</i>
15	Sundasa narsayan.	7306 885541	<i>[Signature]</i>
16	Asath. R.Menon	6238441039	<i>[Signature]</i>
17	Yinaya. V.C	8590521519	<i>[Signature]</i>
18	Sandhya Sankar	6238044459	<i>[Signature]</i>
19	Subitha. c	8606463781	<i>[Signature]</i>
20	Jisha. M.P	9846342243	<i>[Signature]</i>
21	Hiranya. S	6282700194	<i>[Signature]</i>
22	Aryakrishna. AP	9605727435	<i>[Signature]</i>
23	Shilpa. M	9778702626	<i>[Signature]</i>
24	Jyothika. P	9744686182	<i>[Signature]</i>
25	Ahiza. u	8086736536	<i>[Signature]</i>
26	Nikitha. UR	9400817690	<i>[Signature]</i>
27	Dhanya. d.R.	9569999534	<i>[Signature]</i>
28	Abithya. KT	7593027902	<i>[Signature]</i>



29	Nithya-R	7012296477	
30	Jitha-K	9061673545	
31	Aswathy-A	8590874898	
32	Vaisina-V	6282091263	
33	Arya Mik	9961039283	
34	Nitya P	8590423026	
35	Krishnapriya	9650137667	
36	Maishnarjali	9562120068	
37	Shaniba Shesun-M	8606129446	
38	Steng Andrews	<del>990109</del> 9946539802	
39	Rinshida-V.A.	9961961487	
40	Hasana Jasmin-S.H	7902964569	
41	Shabala-P	9645366193	
42	Vidhida-P	7516277284	
43	Vismaya-P	9061957080	
44	Rijisha-M.P	9048716902	
45	Nabila K.A	9656982971	
46	SHIBILA-KM	4746251883	
47	Ambili-K	9447887477	
48	Mogamol-R	9778769362	
49	Aswathi-P.R	9562679668	
50	Megha V.M	9022032763	
51	Binksha MK	9846701308	
52	Ambika C	8593996395	
53	Sibina-C	9656352465	
54	Stecya-M.S	9605148103	
55	Dhanya K.P	7136839624	
56	Shifana-P.V	9778360020	
57	Renuka-P.G	9605802344	
58	Vidhya-K	9400270604	

59	Namitha-C	7510885913	
60	Vismaya-T.R	9400413496	
61	Parvitha-P.N	7356452099	
62	Nandhana-P.K	9544960734	
63	Naseeba-K	8848977974	
64	Navya-T.P	9539922461	
65	Janna	8114886525	
66	Deepika-V	9526927720	
67	Siavya-P.P	8083135741	
68	Silpa-V.K	8606304865	
69	Jinsha-P.U	7034169057	
70	Navya Das-S	9203605910	
71	Arjana-C.V	9562140264	
72	Sidharth-K.S	9072214466	
73	Arun-M	8129983637	
74	Abhinav-A	9072181863	
75	VIVEK	9074311452	
76	Kaitha-K.K	9547215023	
77	Muhammed Fasil-K.V	7025652510	
78	Neera-N.H	9995424398	
79	Shafna-A	8590169490	
80	Shakka-K	6238973205	
81	Shabana-AP	7736840828	
82	Akshaya-P.H	9846117487	
83	Anupama-A	9072076295	
84	Nandana-V.M	6238081044	
85	Anjali-P.U	9037703877	
86	AKHIL-C	8592087760	
87	Susith-S	7902984397	
88	Althaf Hassan-S	9746112364	



### Work Readiness Programme for Interview Skill

<b>Title of the Programme</b>	Work Readiness Programme for Interview Skill
<b>Organizing Department/Cell</b>	ASAP Club and Training and Placement Cell
<b>Number of Students Enrolled</b>	209
<b>Name of the Resource Person</b>	Sneha T, Master Trainer ASAP
<b>Objectives of the Programme</b>	To prepare participants with the necessary knowledge and confidence to succeed in job interviews.
<b>Outcomes of the Programme</b>	The outcome of the work readiness programme for interview skills is increased proficiency and readiness among participants, enabling them to effectively showcase their qualifications and secure employment opportunities.

### Report

The Work Readiness: Interview Preparedness and Skill Development Program is a 15-hour module designed to provide direction to candidates to improve their interview skills and articulate their thoughts confidently in front of an interview panel. The module is inclusive of interview etiquette, presentation skills, and group discussions. The programme was rolled out by the Kerala Knowledge Economy Mission (KKEM), in collaboration with ASAP Kerala. The primary objective of KKEM is to guide the youth of Kerala so that they can directly engage in opportunities from across the world, creating employment for over 20 lakh people. As a first step, KKEM had conducted a series of physical job fairs. It was found that jobseekers lacked confidence and interview skills while presenting themselves before interview panels, and thus felt the need for proper interview grooming for jobseekers. In this context, KKEM



decided to include work readiness programmes as a mandate to assist aspirants. The trainees are required to register at Digital Workforce Management System (DWMS) for considering their candidature for placement drive conducted by KKEM.

It was conducted at College Campus for sixth semester UG students of Business Administration, Economics and Commerce and fourth semester PG students of Computer Science and Mathematics with Data Science on 11, 12, and 13<sup>th</sup> December 2023 (10.00 am to 3.30 pm). The inauguration of the programme was held at Seminar Hall on 11 December 2023 by Principal Dr. Saritha Namboodiri. IQAC Coordinator Dr. Sandeep Narayan, Training and Placement Coordinator Dr. Vivek S. A., ASAP Coordinator Dr. Remya S., felicitated the occasion. The programme came to an end successfully on 13 December 2023 with a feedback session and experience sharing by the trainees.



 **SREEKRISHNAPURAM  
V.T. BHATTATHIRIPAD COLLEGE,**  
Mannampatta, Palakkad, Kerala

**2023-2024**

**WORK READINESS  
PROGRAMME FOR  
INTERVIEW SKILL**

**Resource Person :**  
**Sneha T, Master Trainer ASAP**

**Date : 12-12-2023 to 13-12-2023**  
Venue : Seminar Hall

**Coordinator : Dr. Remya S**

*Brochure of the Work Readiness Programme for Interview Skill*





*Highlight of the Work Readiness Programme for Interview Skill*

### List of Participants

Sl. No	Name of the Student	Programme
1	Abhijith J	BBA
2	Abhinand P M	BBA
3	Abhinav V U	BBA
4	Abhitha S	BBA
5	Abinand S Kumar	BBA
6	Ahalya C T	BBA
7	Aiswarya P	BBA
8	Ajay K	BBA
9	Akash P	BBA
10	Akhilakrishna V A	BBA
11	Akshay K	BBA
12	Akshay Krishnakumar	BBA
13	Amitha K P	BBA
14	Amritha Krishna K U	BBA
15	Anaswara A M	BBA
16	Anirudh Ma	BBA



17	Arjun K	BBA
18	Arun V P	BBA
19	Arya Mol C	BBA
20	Devika P S	BBA
21	Fathimath Fidha K M	BBA
22	Gokul Krishnan P	BBA
23	Janaki K	BBA
24	Jumana Sherin P	BBA
25	Karthika A	BBA
26	Krishnapriya	BBA
27	Manya V P	BBA
28	Muhammed Musthafa M	BBA
29	Nanda Krishna P	BBA
30	Nandana K	BBA
31	Nandana P	BBA
32	Nidhin C	BBA
33	Nivedh M	BBA
34	Pavithra K M	BBA
35	Praveena	BBA
36	Raghu Narayanan K	BBA
37	Ramshad K	BBA
38	Ranjitha C J	BBA
39	Renuka Krishnan	BBA
40	Reshma R	BBA
41	Sandra K S	BBA
42	Sandra Sivakumar	BBA
43	Sanika C P	BBA
44	Shabeeh P	BBA
45	Sneha M	BBA

46	Sreehari M	BBA
47	Sreejith M	BBA
48	Sreerag S	BBA
49	Sruthi M	BBA
50	V Adharsh	BBA
51	Vidhyasree P	BBA
52	Vinisha S	BBA
53	Vishnu M	BBA
54	Aadil Kareem	BCom
55	Abhijith Krishnadas	BCom
56	Abhijith M	BCom
57	Abhishek K	BCom
58	Adithya Krishna	BCom
59	Aiswarya G	BCom
60	Ajisha K	BCom
61	Akhilesh V P	BCom
62	Akshay Krishnan N B	BCom
63	Amirtha U	BCom
64	Amrutha K C	BCom
65	Anagha V	BCom
66	Anisha S	BCom
67	Anjana B K	BCom
68	Anjana K	BCom
69	Anjana T A	BCom
70	Anjanakrishna C T	BCom
71	Anju V P	BCom
72	Ansal	BCom
73	Aswathi A V	BCom
74	Aswathy P S	BCom

75	Athira K P	BCom
76	Athul Prakash M J	BCom
77	Bhavin Vinod K	BCom
78	Chithra K P	BCom
79	Darsana T	BCom
80	Deepthi K	BCom
81	Devejith N P	BCom
82	E V Lakshmi	BCom
83	Jamshad K	BCom
84	Jithin A	BCom
85	Karthika V K	BCom
86	Krishnendu V V	BCom
87	Larija K	BCom
88	Leela V	BCom
89	Mahitha S	BCom
90	Maneesha	BCom
91	Mohammed Fazir P	BCom
92	Monisha K	BCom
93	N S Arundas	BCom
94	Navya A R	BCom
95	Neha Prakash K	BCom
96	Nima Chandran P C	BCom
97	Rajasree R	BCom
98	Renjith Ravi Krishna P M	BCom
99	Revathi M	BCom
100	Shahana A P	BCom
101	Sivaprasad V	BCom
102	Sreedevi M V	BCom
103	Sreehari N S	BCom

104	Sreelakshmi B	BCom
105	Sreelakshmi M	BCom
106	Sreerekha V S	BCom
107	Sruthakeerthi K	BCom
108	Sruthi K M	BCom
109	Sudheesh Babu P S	BCom
110	Swetha Gayathri N S	BCom
111	Vaishnav V	BCom
112	Vaishnavi U	BCom
113	Vighnesh K	BCom
114	Vinayasree E M	BCom
115	Vishnupriya R	BCom
116	Vismaya M V	BCom
117	Vrinda P	BCom
118	Abhirami C	BA Economics
119	Akhil C	BA Economics
120	Althaf Husain S	BA Economics
121	Anagha M S	BA Economics
122	Anand Krishnan K	BA Economics
123	Anisha A	BA Economics
124	Anusree K	BA Economics
125	Arathi R Menon	BA Economics
126	Archana A	BA Economics
127	Arsana P G	BA Economics
128	Arya M K	BA Economics
129	Aryakrishna A P	BA Economics
130	Aswathy K	BA Economics
131	Aswathy V	BA Economics
132	Athulya P	BA Economics

133	Dhanya C	BA Economics
134	Drishya P	BA Economics
135	Fathimath Shibila K	BA Economics
136	Hasana Jasmin S H	BA Economics
137	Hiranya S	BA Economics
138	Jisha M P	BA Economics
139	Krishnanjali A	BA Economics
140	Krishnapriya K T	BA Economics
141	Maneesha A S	BA Economics
142	Maya K T	BA Economics
143	Mohammed Ajumal E P	BA Economics
144	Mohammed Aris A	BA Economics
145	Muhammed Sarbas K	BA Economics
146	Nandana	BA Economics
147	Nandana K M	BA Economics
148	Nandana Krishna C	BA Economics
149	Naseeba K	BA Economics
150	Navya T P	BA Economics
151	Nitha P S	BA Economics
152	Nithya P	BA Economics
153	Nivya P	BA Economics
154	Nubila K A	BA Economics
155	Ramya P R	BA Economics
156	Razal Mehaboob K T	BA Economics
157	Rijisha M P	BA Economics
158	Rinshida V A	BA Economics
159	Rishad N A	BA Economics
160	Sandra M	BA Economics
161	Sandra Sankar K T	BA Economics



162	Sankaranarayanan K S	BA Economics
163	Saranya M	BA Economics
164	Shahala P	BA Economics
165	Shaniba Sherin M	BA Economics
166	Shibila K M	BA Economics
167	Shilpa M	BA Economics
168	Steny Andrews	BA Economics
169	Subitha C	BA Economics
170	Sujith S	BA Economics
171	Sumaya K M	BA Economics
172	Sunaina T S	BA Economics
173	Sweetty Johnson	BA Economics
174	Vaishna K	BA Economics
175	Vinaya V C	BA Economics
176	Vismaya P	BA Economics
177	Vrinda P	BA Economics
178	Archana V S	M.Sc. Computer Science
179	Aswathy P	M.Sc. Computer Science
180	Fayiza Baby	M.Sc. Computer Science
181	Geethika G	M.Sc. Computer Science
182	Greeshna P	M.Sc. Computer Science
183	Haritha Kh	M.Sc. Computer Science
184	Infan Rahman P	M.Sc. Computer Science
185	Jithesh M	M.Sc. Computer Science
186	Kadeeja Nafla. C.M.T	M.Sc. Computer Science
187	Lincy K	M.Sc. Computer Science
188	Maneesha M A	M.Sc. Computer Science
189	Neethu Krishnan R	M.Sc. Computer Science
190	Nivya K	M.Sc. Computer Science

191	Rohini K	M.Sc. Computer Science
192	Roopasree A P	M.Sc. Computer Science
193	Sangeetha S	M.Sc. Computer Science
195	Abhilash.K	M.Sc. Mathematics
196	Ananya K R	M.Sc. Mathematics
197	Anjali Krishna S. B	M.Sc. Mathematics
198	Athira C	M.Sc. Mathematics
199	Athira K	M.Sc. Mathematics
200	Bharath Bindu M	M.Sc. Mathematics
201	Bijitha P	M.Sc. Mathematics
202	Biya Jomon	M.Sc. Mathematics
203	Devi Krishna K M	M.Sc. Mathematics
204	Khadeejathul Semeema	M.Sc. Mathematics
205	Narayanan.P.M	M.Sc. Mathematics
206	Roshitha K R	M.Sc. Mathematics
207	Silpa T S	M.Sc. Mathematics
208	Vismaya K R	M.Sc. Mathematics
209	Vrinda P M	M.Sc. Mathematics

