



# SREEKRISHNAPURAM V. T. BHATTATHIRIPAD COLLEGE

Aided and Affiliated to University of Calicut, NAAC accredited with B<sup>+</sup> Grade,

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## REPORT OF MUSIC CLUB 2020-21

**Co-ordinator: Sruthi P A**

The music club of Sreekrishnapuram V T Bhattathiripad College tries to generate musical interest in students and provides a base for mental relaxation in their stressful study life. Activities of the Club primarily reduce stress and strains and help in developing the inborn talents of students.

With most people around the world in self-isolation or lock down mode, it's important to understand the power of music. Our sporting clubs, recreational activities and social communities have been removed from our weekly lives, meaning social distancing and mandatory self-isolation will only worsen our mental state.

Learning a musical instrument or singing or listening is funnily enough a therapeutic and stress relieving activity that is best done in self-isolation mode. Not only does it give a child or adult a sense of self-accomplishment and nourishment, it will ultimately contribute to the passing of time you spend in these months of social distancing and house-bound life

### Activities

During Sundays all club members are assembled online and are provided the link of famous musical concerts by elegant musicians. Club members send these links to students through whatsapp other social media methods. This helps to reduce stress of students, free them from hectic schedule of online classes and provide them the opportunity to enjoy music and develop their innate talents.



Co-ordinator

Principal  
Sreekrishnapuram V.T. Bhattathiripad College  
Mannampatta, Palakkad